National Hotlines

National Suicide Prevention  (Dial 988 or www.988lifeline.org)

ADA Dentist Health and Wellness Program  (312-440-2622)

Alcoholics Anonymous Referrals and Rehabilitation Groups  (800-ALCOHOL)

Al-Anon Family Support Groups Referral  (888-4AL-ANON)

Al-Anon/Alateen  (800-352-9996)

National Cocaine Hotline  (800-COCAINE)

National Substance Abuse Treatment Line  (800-662-HELP)

National Institute of Mental Health Depression Hotline  (800-421-4211)

National Mental Health Association  (800-969-6642)