

National Hotlines

National Suicide Prevention (Dial 988 or www.988lifeline.org)

ADA Dentist Health and Wellness Program (312-440-2622)

Alcoholics Anonymous Referrals and Rehabilitation Groups (800-ALCOHOL)

Al-Anon Family Support Groups Referral (888-4AL-ANON)

Al-Anon/Alateen (800-352-9996)

National Cocaine Hotline (800-COCAINE)

National Substance Abuse Treatment Line (800-662-HELP)

National Institute of Mental Health Depression Hotline (800-421-4211)

National Mental Health Association (800-969-6642)