

OF THE CALIFORNIA DENTAL ASSOCIATION

# Journal

SEPTEMBER 2013

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## Journal of the California Dental Association

published by the  
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1201 K St., 14th Floor  
Sacramento, CA 95814  
800.232.7645  
[cda.org](http://cda.org)

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# Journal

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*Journal of the California Dental Association* (ISSN 1043-2256) is published monthly by the California Dental Association, 1201 K St., 16th Floor, Sacramento, CA 95814, 916-554-5950. Periodicals postage paid at Sacramento, Calif. Postmaster: Send address changes to *Journal of the California Dental Association*, P.O. Box 13749, Sacramento, CA 95853.

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# The Blogification of Science

KERRY K. CARNEY, DDS, CDE

In *Two Years Before the Mast* (Richard Henry Dana Jr., 1840), there is a passage in which the sailors come across a trunk they must unpack. The items being transported were of little interest to them compared to the packing material.

They became engrossed in reading the newspaper pages that were used to protect the items being shipped. They had been at sea a long time with little news from home and the newspaper pages provided a connection with their previous lives. They discussed the stories and speculated on the backstory of each classified ad.

I had the same kind of experience when I lived in Germany. I would become so starved for the English language that I would purchase an American weekly news magazine at the railway station and peruse every page. Even the calls for research subjects and the “positions available” were fascinating. That publication was my connection to another reality. It conveyed information that had relevance beyond my everyday existence.

There is a certain science magazine that I used to look forward to with the same relish every month. It was not a desire to communicate in English that fueled my anticipation. Instead, by revealing heretofore unknown facts and connections, it made my quotidian world more interesting.

But a sad thing happened. That magazine has undergone “blogification.”

In an effort to remain relevant, it has adopted a blogger’s style of communication: casual and personal. Instead of factual coverage, placing the story in context within history and or science, it presents facts as having the same weight as speculation. Hypotheses are indistinguishable from wishful



**Trust in the peer review process is what gives the reader confidence in the reliability of the information provided.**

thinking and the interviewer competes with the interviewee for primacy.

Blogs began as Web logs in the 90s. Originally, they were journals or diaries. They gave a more personal level of communication. Blogging grew from the grass roots. It required no institutional affiliation. The authors had no need for degrees or credentials or impressive resumes. Blogs were immediate and unfiltered. They were unfettered by fact checking and quality control was unreliable or nonexistent. It was a more familiar, accessible, personal communication. That and the timeliness of the postings contributed to its appeal.

No stodgy, institutional, pedantic pedagogy. Blogs embody personal, contemporary, populist journalism. Like casual conversation with a friend over coffee, you can take it with a grain of salt, or a packet of Splenda.

When traditional scientific publications begin their blogification, they can lose the credibility they spent years earning. When entertainment value finally trumps scientific fact and relevance, then the blogification of science is complete. That is when science and junk science become confused and one loses faith and trust in the publication and in the institution behind it.

Daniel Patrick Moynihan is attributed

with having said, “Everyone is entitled to his own opinion but not to his own facts.” Facts are important. They ground us in truth.

Almost every publication carries a disclaimer similar to ours: *The Journal of the California Dental Association is published under the supervision of CDA’s editorial staff. Neither the editorial staff, the editor nor the association are responsible for any expression of opinion or statement of fact, all of which are published solely on the authority of the author whose name is indicated. The Journal reserves the right to illustrate, reduce, revise or reject any manuscript submitted. Articles are considered for publication on condition that they are contributed solely to the Journal.*

Some might think such a disclaimer means there is no need to fact check. After all, if it is the author’s responsibility to be factual, why should anyone else have to fact check? However, one of the clearest reasons for the rejection of a submission is because its purported facts do not withstand peer review or simple fact checking. Trust in the peer review process is what gives the reader confidence in the reliability of the information provided. Reliable transmission of fact-based information is the foundation on which the reputation of a publication is based.

We are greatly indebted to our colleagues for their reviews of *Journal*





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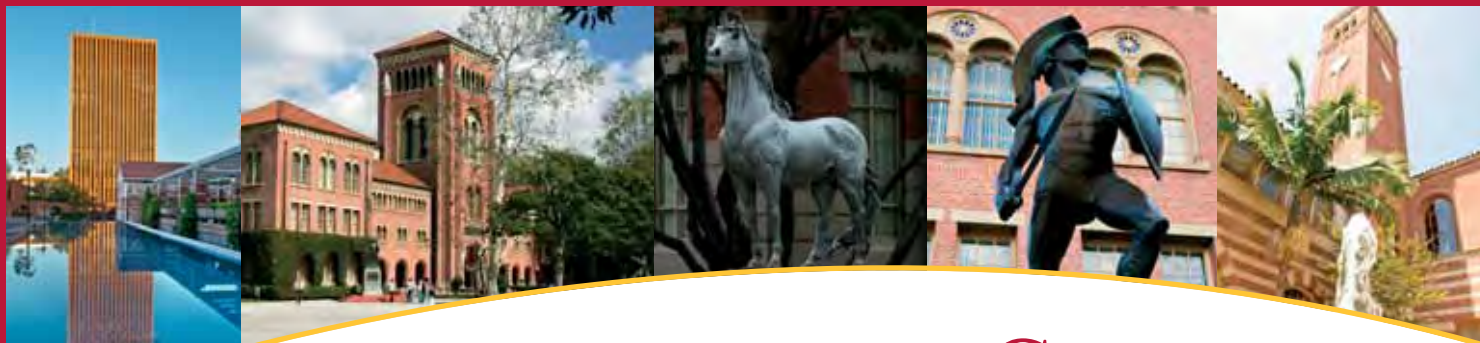
submissions. Without the generous donation of their time and expertise, we could not continue to earn our readers' trust. Presenting inflammatory opinion or dubious research for the incendiary purpose of stoking controversy squanders that hard-won trust.

A forum is a place for a spectrum of ideas. However, in a scientific, peer-reviewed journal, that spectrum needs to be grounded in fact rather than emotion. The need to engage our readers should not lead to the sacrifice of science for entertainment.

For these reasons, the *Journal* strives to present reliable information and an array of responsible views. In our ongoing drive to stay relevant and current, we will incorporate technological advances to engage and inform our members and readers while continuing to eschew blogification. ■■■■

## The Journal of the California Dental Association welcomes letters.

*We reserve the right to edit all communications and require that all letters be signed. Letters should discuss an item published in the Journal within the past two months or matters of general interest to our readership. Letters must be no more than 500 words and cite no more than five references. No illustrations will be accepted. Letters may be submitted at [editorialmanager.com/jcaldentassoc](http://editorialmanager.com/jcaldentassoc). By sending the letter to the Journal, the author certifies that neither the letter nor one with substantially similar content under the writer's authorship has been published or is being considered for publication elsewhere, and the author acknowledges and agrees that the letter and all rights of the author with regard to the letter become the property of the California Dental Association.*



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## Others Do It

BY DAVID W. CHAMBERS, PHD

London streets come together haphazardly. And some of the intersections are truly Olympian in proportion, with no apparent logic to lights and lanes. One morning last May I competed in the “get across Piccadilly, if you can” event. I was huffing along smartly and noticed a fellow matching me stride for stride. As a gesture of good sportsmanship I asked how he knew it was okay to cross. “Don’t rightly know,” he said. “I was just going off you.”

The most common reason people give for cheating is that “others do it.” That is why insurance companies do not publish fee distributions — everyone would want to be at the top. The IRS tells us that the average American underpays income taxes by almost \$4,000 each year. The number

CONTINUES ON 659

## Antibiotic Therapy May Improve Effectiveness of Scaling and Root Planing

A new study in the *The Journal of the American Dental Association* has found preliminary evidence that suggests scaling and root planing (SRP) in combination with amoxicillin (AMX)/metronidazole (MET) therapy may be more effective in treating chronic and aggressive periodontitis than is SRP alone.

Authors of the study reviewed four randomized clinical trials, which included a total of 147 patients, for analysis. Patients in the SRP + AMX/MET therapy group demonstrated a greater gain in clinical attachment level compared with patients in the SRP only group and a greater reduction in probing depth, authors wrote.

“The reviewers found no significant differences between groups with regard to bleeding on probing or suppuration,” the study noted.

Systemic AMX/MET may provide additional benefits to SRP in the treatment of chronic and aggressive periodontitis in terms of clinical attachment level gain and probing depth reduction, authors concluded, noting that results were based on a small number of studies and should be considered preliminary.

For more information, see the study in *The Journal of the American Dental Association*, 2013, vol. 144, no. 6, pp. 640-642.





### Report: Billions Across the World Suffer From Major Tooth Decay

Worldwide, there are billions of people who suffer from major untreated dental problems, according to a new report published in the *Journal of Dental Research*.

Professor Wagner Marcenes, of the Institute of Dentistry at Queen Mary at the University of London, led an international research team investigating oral health as part of the Global Burden of Disease (GBD) 2010 study, according to a news release from the university.

The report shows that oral conditions affect as many as 3.9 billion people in the world — more than half of the total population. Authors found untreated tooth decay or cavities in permanent teeth was the most common of the nearly 300 major diseases and injuries measured by the GBD 2010 study, affecting 35 percent of the world's people.

"There are close to 4 billion people in the world who suffer from untreated oral health conditions that cause toothache

and prevent them from eating and possibly sleeping properly, which is a disability," Marcenes said in the news release. "This total does not even include small cavities or mild gum diseases, so we are facing serious problems in the population's oral health."

The study also found that the global burden of oral conditions is shifting from severe tooth loss to severe periodontitis and untreated caries.

"Tooth loss is often the final result when preventive or conservative treatments for tooth decay or gum disease fail or are unavailable. It is likely that current dental services are coping better to prevent tooth loss than in the past but major efforts are needed to prevent the occurrence and development of gum diseases and tooth decay. Ironically the longer a person keeps their teeth, the greater the pressure on services to treat them," Marcenes said in the news release.

For more information, see the study in the *Journal of Dental Research* published online before print May 29, 2013.

### Study: Interproximal Fluoride Concentrations After Sealants

A randomized clinical trial performed in schoolchildren ages 6 and 7 evaluated fluoride concentrations in interproximal fluid after the placement of three different sealants. With 2,640 children who completed the trial, researchers of the study, which was published in the *Journal of Dental Research*, randomly divided their sample into three groups: a high-viscosity glass-ionomer cement group (GIC group), a fluoride resin-based group (fluoride-RB group) and a no-fluoride resin-based group (RB group).

Sealants were applied and interproximal fluid samples were collected at baseline and two, seven and 21 days after application of sealants, by insertion of a standardized paperpoint into the interproximal mesial space of the sealed tooth for 15 seconds, authors explained in the study.

Researchers found that at two days after sealant application, fluoride concentration was significantly higher in GIC and fluoride-RB groups compared with that in the RB group. After 21 days, fluoride concentration in the GIC group remained higher than that in the other two groups, leading authors to conclude that "high-viscosity GIC sealants increased the fluoride concentrations in interproximal fluid more than did a resin-based sealant containing fluoride."

For more information, see the study in the *Journal of Dental Research*, published online before print, May 20, 2013.



### Study Evaluates Risk Factors and Frequency of Dental Visits

It is known that prevention reduces tooth loss, but little evidence supports twice-yearly dental preventive care visits for all adults, and frequency of patient visits should be based on personalized medicine that also accounts for genetics, according to a recent University of Michigan study.

Researchers used risk-based approaches to test tooth loss association with one versus two annual preventive visits in high-risk and low-risk patients and retrospectively evaluated insurance claims for 16 years for 5,117 adults for tooth extraction events, according to the study published in the *Journal of Dental Research*.

In this study, authors define high-risk patients as those with more than one risk factor including smoking, diabetes and the interleukin-1 genotype, and low-risk patients as those with no risk factors. According to a news story from the ADA, the authors found that increasing risk factors increased dental events and that for patients with no risk factors, no significant benefit was appreciated by undergoing two preventive dental visits compared to one visit annually.



"A personalized medicine approach combining gene biomarkers with conventional risk factors to stratify populations may be useful in resource allocation for preventive dentistry," authors concluded.

For more information, see the study "Patient Stratification for Preventive Care in Dentistry" published in the *Journal of Dental Research*, online ahead of print, June 10, 2013. See the ADA news story at [ada.org/news/8702.aspx](http://ada.org/news/8702.aspx).

#### OTHERS DO IT, CONTINUED FROM 657

tends to drift upward with time because desire to conform with peers has stronger survival value.

According to ADA statistics (May 2012 issue of *JADA*), dentists' incomes began to drop (in real dollars) beginning in 2005. That is before the recession, and dental economists are saying the dip is self-inflicted. The profession is in a cycle where fewer patients are being charged higher fees for work that is not obviously necessary.

I received this email message from a colleague in the Washington, D.C., area this morning. "I have a young woman patient who I have seen all her life here and she has moved to S.F. I don't think she ever had any restorative treatment except a few sealants. In S.F. she went to her husband's 'high-tech' dentist and was told she needed six fillings. Her parents

still see me and so when she was here for the holidays she came in. I saw no need for any treatment and maybe one small occlusal area to watch."

This is not the only such note I received this year. There are dentists pulling the rest of the profession in the wrong direction. How can one compete when "everybody else" is treating everything possible and target marketing those patients who can pay the most? What reward is there for the dentist who forgoes the advantages that others grasp? The regular listing of C.E. courses in this journal suggests there is very little envy among the high-end practitioners of their colleagues who take courses on patient medical conditions, safety or ethics.

A student told me about the moral challenge he faced because he had access to pirated copies of National Boards that

he could study from. He said his good grades would not be enough to get him into ortho school because he knew others were cheating. He felt he had to cheat to protect all the honest work he had invested in his career.

The nub:

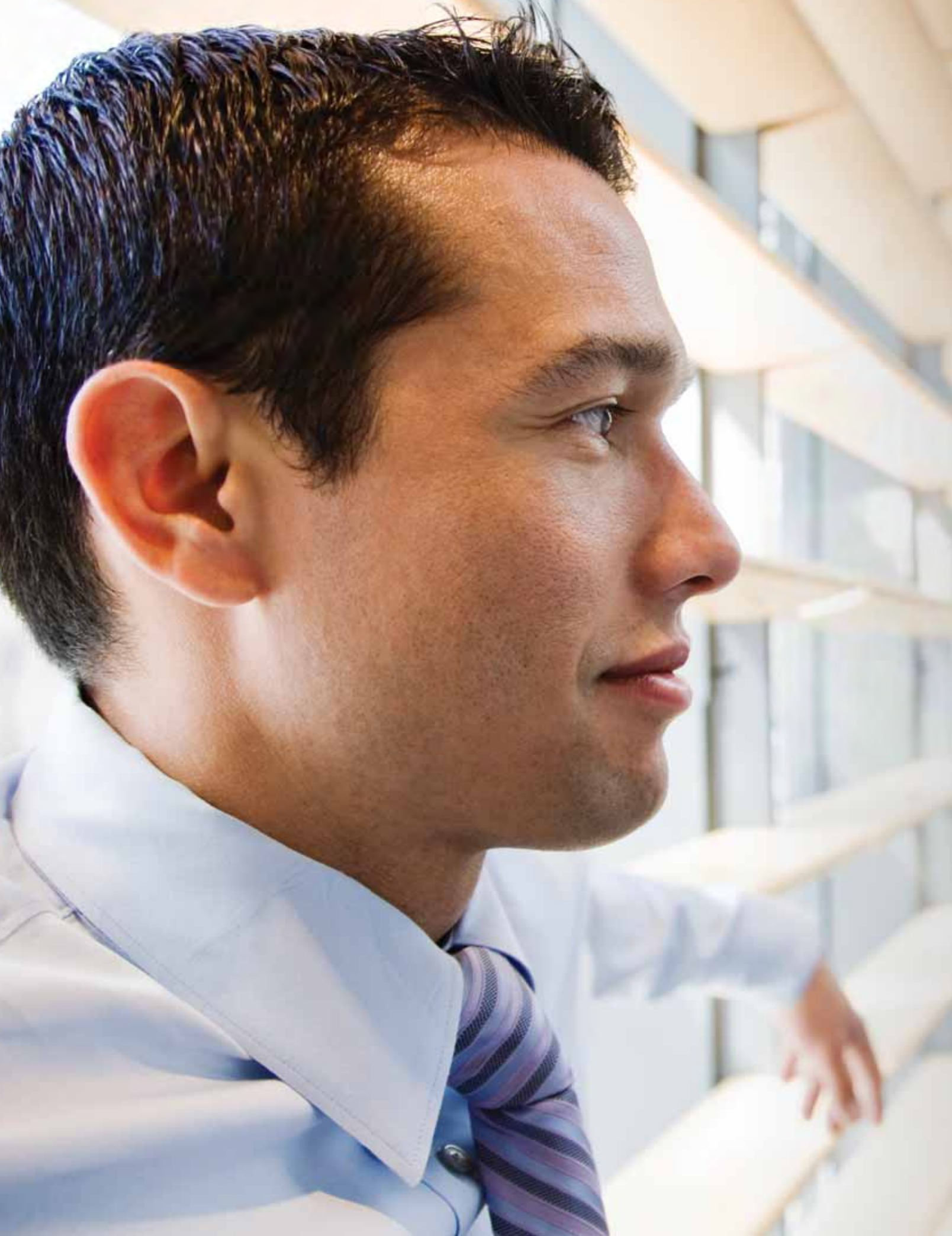
① There are some moral problems that are larger than what one individual can address — public disclosure is the only answer.

② Some ethical problems are self-accelerating.

③ I have the greatest admiration for dentists who refuse to fudge because others are doing it. Thank you!

*David W. Chambers, PhD, is professor of dental education, Arthur A. Dugoni School of Dentistry, San Francisco, and editor of the Journal of the American College of Dentists.*

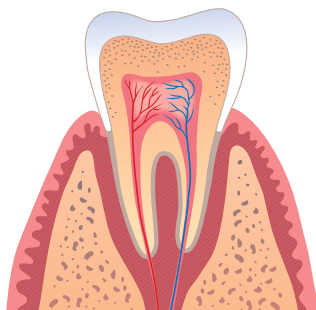






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### Study: Early Bisphenol A Exposure May Damage Tooth Enamel

According to a recent study published in *The American Journal of Pathology*, early bisphenol A (BPA) exposure may affect the enamel of teeth. Researchers, led by Ariane Berdal of the Université Paris-Diderot and Sylvie Babajko, research director at Inserm Unit 872 “Centre des Cordeliers,” found that the teeth of rats were damaged when treated with low daily doses of BPA.

BPA is a chemical compound used in the composition of plastics and resins. It is used, for example, to manufacture food containers such as bottles or babies’ bottles and is used in some dental sealants. Recent studies have shown that this industrial compound has adverse effects on the reproduction, development and metabolism of laboratory animals, a news release from Inserm stated, and it is strongly suspected of having the same effects on humans.

In this study, researchers found that incisors of rats exposed to 5 micrograms/kg/

day of BPA shared multiple characteristics of the tooth enamel pathology known as molar incisor hypomineralisation (MIH), a recently identified pathology that affects roughly 18 percent of children between the ages of 6 and 8, according to the news release. Children affected by this pathology present with teeth that are hypersensitive to pain and liable to cavities.

After defining the characteristics of the BPA-treated rat incisors, authors compared these with the teeth of human MIH-sufferers and found similarities through macroscopic observation of marks on both series of teeth, in particular fragile and brittle enamel. Microscope observation of the enamel showed a significant reduction of the Ca/P and the Ca/C ratios in affected teeth, which leads to mineral depletion, making the teeth more fragile and more liable to cavities, according to the news release.

For more information, see the study in *The American Journal of Pathology*, vol. 183, issue 1, pp. 108-118, July 2013.

### ADA Reports Rise in Dental-Related ER Visits

Record numbers of Americans are going to emergency rooms for dental treatment, which is straining the nation’s health care system and increasing health care costs, according to new analysis released by the American Dental Association.

Research from the ADA Health Policy Resources Center (HPRC) found the number of dental ER visits in the U.S. rose from 1.1 million in 2000 to 2.1 million in 2010, according to a news release from the ADA. The study also cited an independent 2009 study by the National Emergency Department Sample (NEDS) showing that 41.8 percent of all ER visits for dental conditions were the result of dental caries.

While ERs can provide pain relief and treat infection, most hospitals don’t have dentists on staff to provide comprehensive dental care, HPRC noted. In most cases, ER staff members prescribe medications for pain or antibiotics for infection, which eases short-term symptoms but won’t solve the long-term underlying dental problem.

“Without further interventions from policymakers, dental ER visits are likely to increase in the future, putting additional strain on the health care system and increasing overall health care costs,” said Thomas Wall, MA, MBA, a lead author of the briefs, in the news release. “Dental ER visits already cost the health care system up to \$2 billion annually, money that is better spent on improving the dental safety net.”

For more information, see [ada.org/8793.aspx](http://ada.org/8793.aspx).



## Bacteria that Causes Gum Disease also Triggers Bone-destroying Cells

Researchers have found that the newly discovered bacterium that causes gum disease, called NI1060, is also responsible for triggering normally protective proteins in the mouth to actually destroy more bone, a University of Michigan study found.

Scientists and oral health care providers have known for decades that bacteria are responsible for periodontitis, but until now, they hadn't identified the bacterium.

The study found that NI1060 also triggers a normally protective protein in the oral cavity, called Nod1, to turn traitorous and actually trigger bone-destroying cells, the news release said.

"Nod1 is a part of our protective mechanisms against bacterial infection. It helps us to fight infection by recruiting neutrophils, blood cells that act as bacterial killers," said Noahiro Inohara, one of the study's authors. "It also removes harmful bacteria during infection. However, in the case of periodontitis, accumulation of NI1060 stimulates Nod1 to trigger neutrophils and osteoclasts, which are cells that destroy bone in the oral cavity."

"The findings from this study underscore the connection between beneficial and harmful bacteria that normally reside in the oral cavity, how a harmful bacterium causes the disease, and how an at-risk patient might respond to such bacteria," said William Giannobile, professor of dentistry.

For more information, see the news release at [ns.umich.edu/new/releases/21519-bacteria-that-causes-gum-disease-packs-a-one-two-punch-to-the-jaw](http://ns.umich.edu/new/releases/21519-bacteria-that-causes-gum-disease-packs-a-one-two-punch-to-the-jaw) or read the full study in the journal *Cell Host & Microbe*, 2013; vol. 13, issue 5, p. 595.

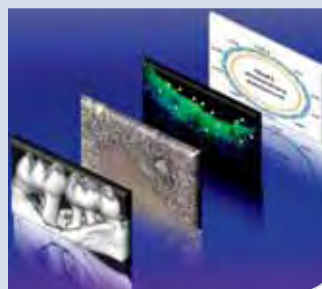


Photo: University of Michigan

## Researchers Discover How Silver Can Disrupt Bacteria

A team of researchers led by James Collins, a biomedical engineer at Boston University in Massachusetts, recently described how silver can disrupt bacteria and showed that the ancient treatment could help to deal with the thoroughly modern plague of antibiotic resistance.

"We show that silver disrupts multiple bacterial cellular processes, including disulfide bond formation, metabolism and iron homeostasis," the authors wrote in the study, which was published in the journal *Science Translational Medicine*.

The study describes how dissolved silver ions make bacterial cell walls weaker and disrupts cell metabolism to create toxins. Collins and his team found that in the form of dissolved ions, silver attacks bacterial cells by making the cell membrane more permeable and

interfering with the cell's metabolism, leading to the overproduction of reactive, and often toxic, oxygen compounds. Both mechanisms could potentially be harnessed to make today's antibiotics more effective against resistant bacteria, Collins said in a news article on [nature.com](http://nature.com).

The researchers showed that when boosted with a small amount of silver, antibiotics could kill between 10 and 1,000 times as many bacteria, the [nature.com](http://nature.com) article reported.

"This work shows that silver can be used to enhance the action of existing antibiotics against Gram-negative bacteria, thus strengthening the antibiotic arsenal for fighting bacterial infections," authors concluded.

For more, see the full study in *Science Translational Medicine*, vol. 5, issue 190, p. 190ra81 or see the story at [nature.com/news/silver-makes-antibiotics-thousands-of-times-more-effective-1.13232](http://nature.com/news/silver-makes-antibiotics-thousands-of-times-more-effective-1.13232).

**"We show that silver disrupts multiple bacterial cellular processes, including disulfide bond formation, metabolism and iron homeostasis."**



### Potential Dietary Supplement and Drug Interactions in Dentistry

Authors of a study recently published in *The Journal of the American Dental Association* delved into the potential interactions between dietary supplements and prescription drugs.

“Because nearly 70 percent of prescription drug users do not discuss their dietary supplement use with their health care providers, clinicians must be proactive in questioning patients about their use of these agents,” authors wrote.

In this study, authors reviewed the literature regarding interactions between popular dietary supplements and medications used commonly in dentistry. They used clinical databases and decision support tools to classify interactions according to their level of risk for the patient, the study noted.

The authors found that recognition and avoidance of potential interactions between dietary supplements and medications prescribed or administered

commonly in dentistry will help oral health care practitioners optimize treatment while emphasizing patients’ safety.

“Provided that patients are not taking ginkgo, St. John’s wort, evening primrose or valerian, clinicians can prescribe or administer any of the medications used commonly in dentistry without concern about possible dietary supplement drug interactions,” authors wrote. They noted that “for a patient who is taking one of these four dietary supplements, the prudent practitioner may ask him or her to stop taking the supplement for at least four half-lives before a dental appointment involving administration of a drug,” but added that “because the benefit of administering the appropriate emergency medication when required exceeds the risk to the patient of experiencing a dietary supplement drug interaction, clinicians always should administer the emergency medication.”

For more information, see the study in *The Journal of the American Dental Association*, 2013, vol. 144, no. 7, pp. 787-794.

#### UPCOMING MEETINGS

##### 2013

Sept. 13-15	Fifth Annual Dental Motorcycle Ride, Windsor, <a href="http://sites.google.com/site/dentistrides">sites.google.com/site/dentistrides</a>
Oct. 18-21	The American Institute of Oral Biology 70th Annual Meeting, Palm Springs, <a href="http://theaiob.org">theaiob.org</a>
Oct. 31-Nov. 5	154th ADA Annual Session, New Orleans, <a href="http://ada.org/session">ada.org/session</a>
Nov. 3-9	U.S. Dental Tennis Association, Big Island, Hawaii, 800-445-2524 or <a href="http://dentaltennis.org">dentaltennis.org</a>
Nov. 10-13	National Primary Oral Health Conference, Denver, <a href="http://nnoha.org/conference/npohc.html">nnoha.org/conference/npohc.html</a>

##### 2014

May 15-17	CDA Presents <i>The Art and Science of Dentistry</i> , Anaheim, 800-CDA-SMILE (232-7645) or <a href="http://cdapresents.com">cdapresents.com</a>
Sept. 4-6	CDA Presents <i>The Art and Science of Dentistry</i> , San Francisco, 800-CDA-SMILE (232-7645) or <a href="http://cdapresents.com">cdapresents.com</a>

To have an event included on this list of nonprofit association continuing education meetings, please email Courtney Grant at [courtney.grant@cda.org](mailto:courtney.grant@cda.org).



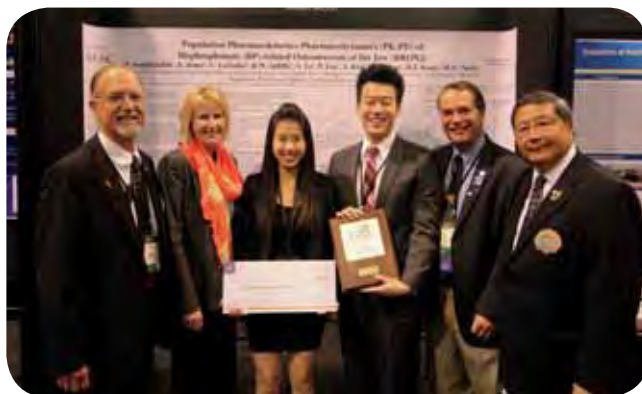


# Winners of the 2013 Table Clinic Competition

The California Dental Association encourages dental, dental hygiene, dental assisting students and military/residents from across the state to enter the annual Table Clinic Competition held during *CDA Presents* in Anaheim. Blue-ribbon winners from the April 12–13 contests were invited to submit an abstract of their work, which appear in this section. CDA entered into collaboration with the California Dental Hygienists' Association for the RDH portion of the table clinics.

## CLINICAL DENTAL STUDENT WINNERS

Drs. Del Brunner, Lindsey Robinson, Donald Rollofson and Dennis Shinbori congratulate the clinical dental student category winners. The winners were Sophia Kang and Ronald Chung.



### Population PK-PD Model of Bisphosphonate-related Osteonecrosis of the Jaw (BRONJ)

*Sophia Kang and Ronald Chung,  
Ostrow School of Dentistry of USC*

Osteonecrosis of the jaw (BRONJ) is a serious complication of bisphosphonate (BP) therapy. Our purpose was to create the first bisphosphonate pharmacoki-

netic-pharmacodynamic (PK-PD) model of skeletal drug accumulation predictive of BRONJ. Using the Non-Parametric Adaptive Grid algorithm within Pmetrics package for R, we designed a population PK model of bisphosphonate in plasma and bone using data from a published PK study. With duration of therapy and bone mineral content as model inputs, we estimated bone BP in 69 and 84 patients with and without BRONJ, respectively, who were treated with BP. Our data indicate that BRONJ is associated with toxic accumulation of BP in bone; this is a function of therapy duration and bone mineral content as predicted by our PK-PD model. With the toxic threshold bone BP at 0.2mM, the onset of BRONJ was predicted to occur with similar timing to that which is observed clinically.

**THE CORRESPONDING AUTHOR**, Ronald Chung, can be reached at chung.ronaldlee@gmail.com.

## COMMUNITY/EDUCATION DENTAL STUDENT WINNERS

Drs. Del Brunner, Lindsey Robinson, Donald Rollofson and Dennis Shinbori congratulate the community/education dental student category winners, Alex Goude, Zachary Mursic, Clint Walker, Amanda Zenthoefer and Caprice Hunter (not pictured).



### Comparing Variability Among Graders Using Traditional and Digital Grading Methods: A Pilot Study

*Zachary Mursic, Amanda Zenthoefer, Alex Goude, Caprice Hunter and Clint Walker, Loma Linda University School of Dentistry*

This pilot study was conducted to determine whether the addition of a digital scanning system to the traditional grading protocol could reduce variability among

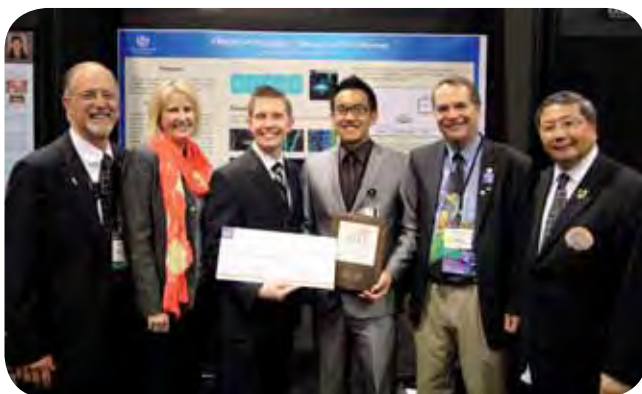
graders. Ten typodont teeth were prepared for full gold crowns. Five faculty members graded the preparations, each with a minimum of five years of experience, based on LLUSD's standard grading rubric. The preparations were then scanned with the Cadent iTero intraoral digital scanner and digitally graded by each student researcher using the 5-Axis CAD software and the same grading rubric. The traditional and digital methods were compared to determine correlation

with regards to precision and variation. Initial data suggests that there is a significant difference ( $\alpha < 0.05$ ) in consistency between the traditional and digital grading systems, with the digital system being more consistent. The results of the intraclass correlation coefficient (ICC) demonstrated a statistically significant increase of within group correlation for the digital grading method. The ICC for the traditional grading method is 0.251 with a 95 percent confidence level ranging from -0.541 to 0.764 ( $p < 0.05$ ); while the ICC for the digital method is 0.910 with a 95 percent confidence level ranging from 0.776 - 0.975 ( $p < 0.05$ ). Based on these results, this pilot study warrants future research into this topic because it suggests that there is greater consistency using a digital grading system in comparison to the traditional grading method.

**THE CORRESPONDING AUTHOR**, Zachary Mursic, can be reached at [zachary.mursic@gmail.com](mailto:zachary.mursic@gmail.com).

## SCIENTIFIC DENTAL STUDENT WINNERS

Matthew Enns, Eric Chen and Susan Choi (not pictured) were the winners in the scientific dental student category. They were presented their award by Drs. Del Brunner, Lindsey Robinson, Donald Rollofson and Dennis Shinbori.



### Effects of Radiation Therapy on Oral Mucosa

*Matthew Enns, Eric Chen and Susan Choi, Loma Linda University School of Dentistry*

Effects of head and neck radiation exposure from conventional radiotherapy and proton therapy include oral conditions, such as oral mucositis. These oral

conditions are mediated by varying degrees of cell death. Of particular interest is finding a method of diagnosis of early cell death in tissues that have received radiation therapy. Overexpression of BCL family apoptotic factors was chosen as the phenomenon that represents early cell death because it is a cellular response found in irradiated tissues. This study aims to use irradiated ferret gingival sections from a total of 18 ferrets as an animal model to measure early radiation damage. We found that BCL-2 was overexpressed in proton therapy groups as compared to conventional radiation and normal tissue. This study is a novel approach to a quantification model for early detection of radiation damage that can aid clinicians in the treatment of oral conditions like oral mucositis.

**THE CORRESPONDING AUTHOR**, Matt Enns, can be reached at [menns38@gmail.com](mailto:menns38@gmail.com).

## RDA STUDENT WINNERS

The RDA student category winners were Alicia Savage, Evelyn Hermosillo and Alyssa Snyder. They are congratulated here by Drs. Del Brunner, Lindsey Robinson, Donald Rollofson and Dennis Shinbori.



## Is Your Toothbrush Safe From Bacteria?

*Alyssa Snyder, Alicia Savage and Evelyn Hermosillo, Citrus College*

Do bacteria grow on your toothbrush? Does where you store your toothbrush make a difference? We are going to place three toothbrushes in different places — one will be stored on the counter top, the other will be placed in a medicine cabinet and the last one will be placed in a drawer with a toothbrush cap on top. Then we will wet the toothbrushes two times a day just as they would normally be used. After about three weeks, we will swab each of the toothbrushes and then use petri dishes to determine which toothbrush has the least amount of bacteria growing on it.

**THE CORRESPONDING AUTHOR**, Alyssa Snyder, can be reached at [alysnyder824@student.citruscollege.edu](mailto:alysnyder824@student.citruscollege.edu).

## RDH INFORMATIONAL STUDENT WINNERS (CDA IN COLLABORATION WITH CDHA)

2013 CHDA President Susan Lopez, RDH, and Drs. Lindsey Robinson and Del Brunner congratulate the RDH informational student category winners, Nicole Pelc and David Whaley.



## Rheumor Has It

*David Whaley and Nicole Pelc, Cerritos College*

**BACKGROUND:** Although rheumatoid arthritis occurs in the joints of the body, it has more in common with periodontal disease than previously thought. Both are characterized by chronic inflammation, which leads to the breakdown and deformation of their respective surrounding structures. Although the exact etiology of rheumatoid arthritis

is unknown, research shows that periodontal disease may play a role in the development and severity of this often-debilitating disease.

**METHODS:** Current information and research from online academic journals and websites were reviewed.

**RESULTS:** Research showed that individuals who had both rheumatoid arthritis (RA) and periodontal disease had significantly worse RA development and symptoms than RA individuals without periodontal disease.

**CONCLUSIONS:** Treating periodontal disease may help to reduce the symptoms of RA, and may even prevent the development of the disease.

**THE CORRESPONDING AUTHOR**, David Whaley, can be reached at [gna1s0me@hotmail.com](mailto:gna1s0me@hotmail.com).



## RDH RESEARCH STUDENT WINNERS

RDH research student category winners Kimberly Swanson, Leah Regan, Nicole Black and Janelle Junn are congratulated by 2013 CHDA President Susan Lopez, RDH, and Drs. Lindsey Robinson and Del Brunner.



### The Effects of Mineral Oil-based Products on Latex Gloves

*Kimberly Swanson, Leah Regan, Janelle Junn and Nicole Black, Loma Linda University School of Dentistry*

**BACKGROUND:** The purpose of this laboratory study was to determine whether mineral oil-based products degraded latex gloves.

**METHODS:** Four brands of powder-free,

latex examination gloves were tested using petroleum jelly, lip balm and lip gloss. Gloves were measured and length was recorded at baseline. The Food and Drug Administration 1-liter water leak test was used to determine whether gloves would fail when exposed to mineral oil-based products. After 60 minutes, gloves were assessed for leakage and remeasured to see if there was any degradation of the latex.

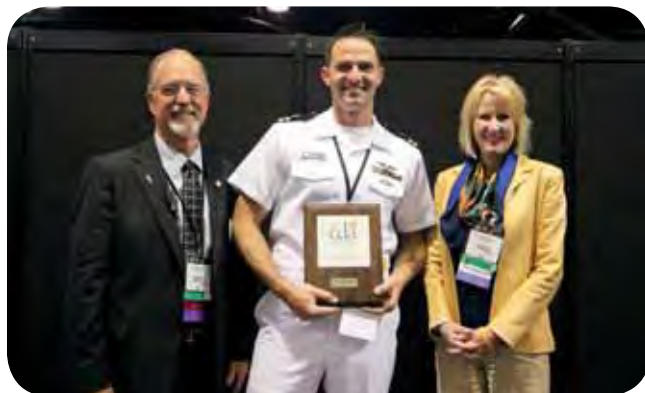
**RESULTS:** Mineral oil-based products did not cause leakage in latex gloves. A statistically significant change in glove length was seen [ $p$  value  $< .0001$ ]. Although no leakage was recorded with any of the mineral oil-based products, lip gloss caused the greatest change in glove length, indicating degradation.

**CONCLUSION:** Lip gloss may negatively impact latex gloves more than other mineral oil-based products.

**THE CORRESPONDING AUTHOR,** Kimberly Swanson, can be reached at [Kswanson@llu.edu](mailto:Kswanson@llu.edu).

## MILITARY/RESIDENT WINNER

Drs. Del Brunner and Lindsey Robinson congratulate military/resident category winner Lt. Joshua Kats, United States Navy.



### Beaming With Confidence — CBCT in Your Practice

*Lt. Joshua Kats, United States Navy*

Despite the advantages of cone beam computed tomography (CBCT) over traditional two-dimensional radiography, the 2012 advisory statement from the Ameri-

can Dental Association Council on Scientific Affairs states the use of CBCT imaging as a routine screening device should be avoided. Furthermore, CBCT imaging should only be used "after professional justification that the potential clinical benefits will outweigh the risks associated with exposure to ionizing radiation" and "only when he or she expects that the diagnostic yield will benefit patient care, enhance patient safety, significantly improve clinical outcomes or all of these." The author presents three clinical applications (orthodontics/implants, oral pathology and oral diagnosis) where CBCT imaging benefited patient care and improved clinical outcomes, thus providing the professional justification one needs to use CBCT in similar cases.

**AUTHOR,** Lt. Joshua Kats, can be reached at [Joshua.Kats@med.navy.mil](mailto:Joshua.Kats@med.navy.mil).



## Judges for the annual table clinics competition at CDA Presents in Anaheim

### RDA JUDGES

Jennifer Broyles, RDA  
Benson Dimaranan, RDA  
Maleah Brooks, RDA  
Jen Blake, FADAA  
Maria Christina Ochoa, RDA  
Shari Becker, RDA  
Georgie Vargas-Burket, RDA  
Karen Schroeder, RDA  
Evangeline Enriquez, RDA  
Jenna Redgate, DDS

### RDH JUDGES

Arnold Valdez, DDS  
Howard Richmond, DDS  
Bruce Coyne, DDS

### DENTAL STUDENTS/ CLINICAL JUDGES

Zaw Thu, DDS  
Jaymie Coria, DDS  
Marileth Coria, DDS  
Ramesh Gowda, DDS  
Dale Johnstone, DDS  
Judith Strutz, DDS  
Al Ochoa, DDS  
Pradip Patel, DDS  
Dale Wagner, DDS

### DENTAL STUDENTS/ COMMUNITY JUDGES

Leondard Raimonda, DDS  
Tony Daher, DDS  
Shi-Lin Niu, DMD

### DENTAL STUDENTS/ SCIENTIFIC JUDGES

Peter Young, DDS  
Donna Klauser, DDS  
Mei Lu, DDS  
Samuel Demirdji, DDS

### MILITARY/RESIDENT JUDGES

Kenneth Yaros, DDS  
Stephen Alfano, DDS  
Robin Abari, DDS  
Hemant Joshi, DDS  
Arthur Gage, DDS  
Stephen Sterlitz, DDS  
Christina Lilli, DDS



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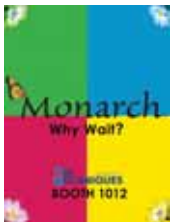



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	<b>Gorilla® Crowns and Bridges</b> <b>Kainos Dental Technologies LLC</b> <a href="http://kainosdental.com">kainosdental.com</a>	Kainos® proudly introduces the third generation of zirconia-based restorations. We call them Gorilla® crowns and bridges. Available in two designs that balance strength, beauty and versatility. Visit <a href="http://kainosdental.com">kainosdental.com</a> to learn about a new breed of zirconia restorations. Built on a 20-year tradition of quality, integrity and solutions. <ul style="list-style-type: none"> <li>• Gorilla® HY — first and only hybrid design to maximize esthetics and strength.</li> <li>• Gorilla® FZ — full contour design for strength and industry best esthetics.</li> <li>• Both options provide cementation choices, precise fit and much more!</li> </ul>
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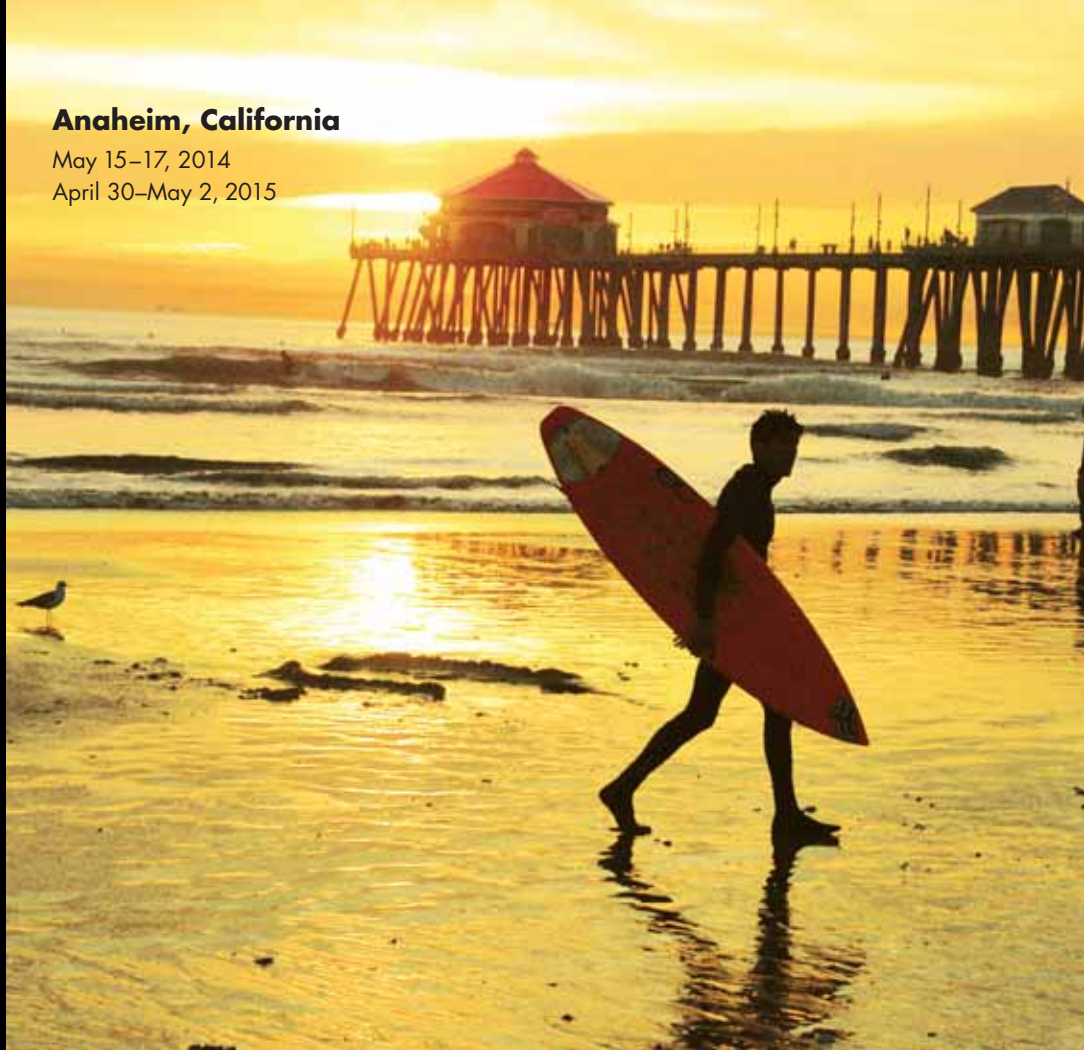


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September 4–6, 2014

August 20–22, 2015







# Americans with Disabilities Act: Understanding the Complexities and Dentistry's Role

STANLEY R. SURABIAN, DDS, JD

## GUEST EDITOR

**Stanley R. Surabian, DDS, JD**, is chief of Dental Services and program director of the General Practice Residency in Dentistry at Community Regional Medical Center's Surabian Dental Care Center in Fresno, Calif. *Conflict of Interest Disclosure: None reported.*

This edition of the *Journal of the California Dental Association* focuses on the dentist's role and obligations to persons with disabilities under federal and state law. The five articles reveal the complexities dentists and others face to care for their patients. I am pleased to have participated as guest editor and as a contributing author to this edition.

California's history of civil rights and its nexus with persons with disabilities began, like other places in its time, as a story of bigotry. Bigotry was multifaceted and was used usually as a tool of oppression. Bill Boyarsky, a former city editor and columnist for the *Los Angeles Times* and author of the book *Big Daddy: Jesse Unruh and the Art of Power Politics*, relates that Jesse Unruh, a democrat, was elected to the California State Assembly in 1954 and was speaker of the assembly from 1961 to 1969. He later served as state treasurer, before losing the governor's election to Ronald Reagan. He represented a Los Angeles district like most other post-World

War II areas of the city. Violence and segregation greeted African-Americans moving into Los Angeles. From his days growing up in Texas, the son of a sharecropper, Unruh despised bigotry. "Big Daddy" took on the bigots and racists in California. He sponsored a bill in the legislature, which was later referred to as the 1959 Unruh Civil Rights Act.<sup>1</sup> His immense political power and wit got the bill passed in the State Senate over severe opposition. The bill banned discrimination based on sex, race, color, religion, ancestry, national origin, disability, medical condition, marital status or sexual orientation. It's hard to believe that the Unruh Civil Rights Act was passed in California five years before Congress passed the Civil Rights Act of 1964 and the Americans with Disabilities Act of 1990.<sup>2</sup>

On Oct. 26, 2011, California Governor Jerry Brown signed into law a bill extending the Unruh Civil Rights Act to prohibit discrimination based on a person's genetic information.<sup>3</sup>

The articles in this edition are a small attempt to cover the field of federal and state laws preventing discrimination against persons with disabilities including the latest information from experts in the field based on their work with the Americans with Disabilities Act (AwDA) and the Fair Employment and Housing Act (FEHA) in California.

I authored an article entitled “Dentistry’s Intrinsic Link to Provision of Services for Persons with Disabilities.” This article provides dentists with a background on disabilities, education issues and provision of services related to

statutory and regulatory requirements, particularly the AwDA and the FEHA.

In their article “Reducing the Risk of an AwDA Lawsuit,” Kevin Franklin, JD, and Megan Oliver Thompson, JD, of Hanson Bridgett LLP, review basics of the AwDA, access to dental service, incentives to improve accessibility to your practice, reducing risks associated with lawsuits, violations, filing a complaint and legal processes.

Certified access specialist (CASp) Stephen J. Dolim, AIA, LEED AP, CASp, reviews a brief history of state legislation including legislation in 2008

regarding CASps and voluntary facility inspections to reduce accessibility claims in “Is Your Dental Office Accessible to People with Disabilities?” Mr. Dolim is a founding member of the Certified Access Specialist Institute.

Kimberley Stone, JD, president of the Civil Justice Association of California, reviews abusive and often unjustified litigation over the AwDA in “Disabled Access Claims: Issues and Liability.” The history of legislation to correct earlier legislation is reviewed, especially SB 1186 (Steinberg, Dutton) signed by Governor Jerry Brown on Sept. 19, 2012, which is a serious attempt at reform in California.

Jan Katerkamp, CIPP, CHP, regulatory and privacy administrator at the California Dental Association, reviews CDA’s resources for its members in “Disabled Access Resources at the California Dental Association.” The CDA Compass and the CDA *Legal Reference Guide* both contain helpful information, as well as TDIC’s Risk Management Advice Line. Other resources are available through the American Dental Association and federal and state websites.

Every dentist must understand the extent and parameters of providing professional care and how laws and recent amendments can alter our understanding of the term “disability.” These articles should enlighten the dental community and increase the level of understanding of these current issues. I hope that the reader will be encouraged to explore the issues raised in this edition to practice successfully and manage the care of our patients, including those with disabilities. ■■■■

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# Dentistry's Intrinsic Link to Provision of Services for Persons with Disabilities

STANLEY R. SURABIAN, DDS, JD

**ABSTRACT** This article provides the dentist with a background on disabilities, education, practice and provision of services related to statutory and regulatory requirements, particularly the Americans with Disabilities Act and the California Fair Employment and Housing Act.

## AUTHOR

**Stanley R. Surabian, DDS, JD**, is chief of Dental Services and program director of the General Practice Residency in Dentistry at Community Regional Medical Center's Surabian Dental Care Center in Fresno, Calif. Conflict of Interest Disclosure: None reported.

*She didn't walk away with the crown, but Alexis Wineman knows she topped the American public's list for Miss America. Wineman, an 18-year-old from Cut Bank, Mont., made history as the first person with autism to compete in the 92-year-old beauty pageant. Though she did not become Miss America, Wineman was chosen as "America's Choice," beating out the other 50 contestants in an online vote that took place in the weeks leading up to the event.*

*Nearly 200,000 votes were cast, and the win — announced during the live telecast of the pageant — secured the reigning Miss Montana one of the 16 spots in the semifinals.*

*"I didn't know until they announced it to everyone," Wineman said, calling the popular vote win "unreal."*

*Not only did Wineman impress the public, but she made her mark in Las Vegas among a host of impressive ladies, according to Art McMaster, president and CEO of the Miss America Organization.*

*"It just seemed that anyone Alexis came into contact with just fell in love with her," he said. "She was the talk of Las Vegas and she really is a special young lady."*



Bruce Boyajian/MAC

Miss Montana, Alexis Wineman, made history at the 2013 Miss America pageant, as the first woman with autism to compete.

*The chance to be on television was a definite highlight, Wineman said, as was the opportunity to make so many new friends during the competition. But what brought the most joy to Wineman while competing for the Miss America crown was the chance to share her story, and through that, to open people's eyes to what is possible.*

*"I became an advocate for the special needs community," said Wineman, who was diagnosed with autism at age 11 and is using her position as Miss Montana to increase awareness of the developmental disorder. "I showed that you can become something great if you work hard to get there."*

More than a decade ago, *Oral Health in America: A Report of the Surgeon General* concluded that known barriers between people and oral health service should be removed:

“Individuals whose health is physically, mentally and emotionally compromised need comprehensive integrated care. ... Given the wide variability among groups with disabilities ... more in-depth assessment and analysis of the determinants of oral health status, access to care and the role of oral health in the overall quality of life and life expectancy is needed.”<sup>2</sup>

The term “disability” means different things to different people. As dentists, we may first think of some of our patients who have developmental disabilities. As business owners, we may think of all the hurdles our federal and state governments have strewn before us to make running a dental office seem overregulated. The stand-alone term “disability” is a conundrum. How can one word carry with it so many meanings? This article focuses on the Americans with Disabilities Act (AwDA), its California application,<sup>3</sup> a review of common diagnostic categories of developmental disabilities and educational and office issues for the dental team. In addition, the article will incorporate what else is regarded as a “disability,” under our laws, all of which come under the penumbra of the AwDA.

The AwDA was enacted into law on July 26, 1990. On Jan. 26, 1992, dental offices were added to the AwDA as “places of public accommodation,” requiring that the dentist serve persons qualifying as disabled under the AwDA.<sup>4,5,6</sup> Discrimination is prohibited in access to service and employment for those who qualify. The federal

definition of an AwDA-qualified impairment has several components, as used in §12102 of the act:

The term disability means, with respect to an individual,  
(A) a physical or mental impairment that substantially limits one or more of major life activities of an individual,  
(B) a record of such impairment; or  
(C) being regarded as having such impairment.<sup>6</sup>

While the federal AwDA definition “substantially limits,” the California definition “limits.” The California Code of Regulations states the following under §7293.5:

(3) An impairment ‘limits’ a major life activity if it makes the achievement of a major life activity difficult.  
(C) ‘Limits’ shall be determined without regard to mitigating measures or reasonable accommodations, unless the mitigating measure itself limits a major life activity.<sup>7</sup>

The Fair Employment and Housing Commission in its statement of purpose states how the AwDA is to be interpreted in California under the Fair Employment and Housing Act (FEHA):

(b) These regulations are to be broadly construed to protect applicants and employees from discrimination due to an actual or perceived physical or mental disability or medical condition that is disabling, potentially disabling or perceived to be disabling. The definition of ‘disability’ in these regulations shall be construed broadly in favor of expansive coverage by the maximum extent permitted by the terms of the FEHA.<sup>7</sup>

California has always provided a greater level of protection than federal

law. The Prudence K. Poppink Act of 2000 made significant modifications to California’s disability laws. The Poppink Act clarified that there only needs to be a “limitation” of a major life activity to determine mental and physical disabilities. A mitigating measure is not a factor unless the mitigation itself ends up limiting a major life activity. Under the federal AwDA the disability must “substantially limit” the major life activity and mitigation can be a factor for determination. Therefore, under California law, a broader consideration is afforded compared to the more narrowly defined AwDA.<sup>8</sup>

## Americans with Disabilities Act

The federal definition for a developmental disability is found in the Developmental Disabilities Assistance and Bill of Rights Act (42 U.S.C. §6000 et seq.) and states the following:

“The term developmental disability means a severe, chronic disability of an individual 5 years of age or older that –

(A) is attributable to mental or physical impairment or a combination of mental and physical impairments;  
(B) is manifested before the individual attains age 22;  
(C) is likely to continue indefinitely; (D) results in substantial functional limitations in three or more of the following areas of major life activity

- (i) self care;
- (ii) receptive and expressed language;
- (iii) learning;
- (iv) mobility;
- (v) self-direction;
- (vi) capacity for independent living; and
- (vii) economic self-sufficiency.

(E) reflects the individual's need for a combination and sequence of special, interdisciplinary, or generic services, supports, or other assistance that is of lifelong or extended duration and is individually planned and coordinated, except that such term, when applied to infants and young children, means individuals from birth to age 5, inclusive, who have substantial developmental delay or specific congenital or acquired conditions with a high probability of resulting in developmental disabilities if services are not provided.”<sup>6</sup>

There is also a variation from the federal definition to the California definition. California Welfare and Institutions Code §4512 gives the state's definition of developmental disability as used in this division:

(a) “Developmental disability” means a disability that originates before an individual attains age 18 years, continues, or can be expected to continue, indefinitely, and constitutes a substantial disability for that individual. As defined by the director of developmental services, in consultation with the superintendent of public instruction, this term shall include mental retardation, cerebral palsy, epilepsy and autism. This term shall also include disabling conditions found to be closely related to mental retardation or to require treatment similar to that required for individuals with mental retardation, but shall not include other handicapping conditions that are solely physical in nature.<sup>9</sup>

Recently, government agencies and associations have together updated the term “mental retardation” to “intellectual disability.”

The American Association on Mental Retardation (AAMR) is now the American Association on Intellectual and Developmental Disabilities (AAIDD).<sup>10</sup>

The federal government has also made the change. The American Psychiatric Association (APA), which publishes the *Diagnostic and Statistical Manual of Mental Disorders (DSM)*, is using the new term in its 5<sup>th</sup> edition published in 2013.<sup>11</sup> The term “mental retardation” is virtually obsolete. California legislation is seeking to change the term along with other states that have made the change or are considering the change in their legislatures.<sup>10</sup>

## Developmental Disabilities

### Intellectual Disability

“Intellectual disability” is a disability characterized by significant limitations both in intellectual functioning and in adaptive behavior, which covers many everyday social and practical skills. This disability originates before the age of 18.

Intellectual functioning — also called intelligence — refers to general mental capacity, such as learning, reasoning, problem solving and so on.

One criterion to measure intellectual functioning is an IQ test. Generally, an IQ test score of around 70 or as high as 75 indicates a limitation in intellectual functioning.

Standardized tests can also determine limitations in adaptive behavior, which comprises three skill types:

- Conceptual skills — language and literacy; money, time and number concepts; and self-direction.
- Social skills — interpersonal skills, social responsibility, self-esteem, gullibility, naïveté (i.e., wariness), social problem solving and the ability to follow rules/obey laws and to avoid being victimized.

TABLE 1

### Levels of Intellectual Disabilities

Category	Number	Percent
None	49,557	25.6
Mild	72,865	37.7
Moderate	32,390	16.7
Severe	14,964	7.7
Profound	10,841	5.6
Unknown	12,885	6.7

Source: California Department of Developmental Services, 2007; client base of persons with developmental disabilities.

- Practical skills — activities of daily living (personal care), occupational skills, health care, travel/transportation, schedules/routines, safety, use of money and use of the telephone.

On the basis of such many-sided evaluations, professionals can determine whether an individual has an intellectual disability and can tailor a support plan for each individual.

But in defining and assessing intellectual disability, the AAIDD stresses that professionals must take additional factors into account, such as the community environment typical of the individual's peers and culture. Professionals should also consider linguistic diversity and cultural differences in the way people communicate, move and behave. Finally, assessments must also assume that limitations in individuals often coexist with strengths, and that a person's level of life functioning will improve if appropriate personalized supports are provided over a sustained period.<sup>10</sup> The California Department of Developmental Services (DDS) reported various levels of intellectual disabilities within its client base in its October 2008 *Fact Book*<sup>15</sup> (TABLE 1).

Waldman et al. discussed how stigma and stereotyped images of children with mental retardation is hard to change.<sup>12</sup> “History demonstrates examples of strongly believed characteristics. Identification of mental retardation

or the propensity toward mental retardation was based most often on whichever prejudice was at the forefront of thought. Ethnicity was often categorized as a factor. When classified by Caucasians in the mid-19<sup>th</sup> century, the 'Caucasian type was the highest functioning' in human abilities. Similarly, as reflected in a series of *New York Times* articles in the early 20<sup>th</sup> century, there was the concept of the 'feeble-mindedness' and the dangers posed by 'weak minds.' The extrapolation was that the 'feeble-minded' were a public menace and morally defective, including 'the insane, the socially deviant and the mentally deficient.'"<sup>12,13</sup>

Other developmental disabilities defined in the California codes include the following:<sup>14</sup>

**Epilepsy.** Epilepsy is the tendency to have seizures and a seizure is a transient episode of central nervous system dysfunction. "Epilepsy occurs when permanent changes in brain tissue cause the brain to be too excitable or jumpy. The brain sends out abnormal signals. This results in repeated, unpredictable seizures. (A single seizure that does not happen again is not epilepsy.)"<sup>11</sup> Epilepsy may be due to a medical condition or injury that affects the brain, or the cause may be idiopathic.<sup>14</sup>

**Autism Spectrum Disorders (ASD).** In DSM-IV, autistic disorder, Asperger's disorder, Rett syndrome and childhood disintegrative disorder are individually defined diagnostic categories.<sup>16</sup> In DSM-V, the diagnoses are collectively under the category of autism spectrum disorders. Asperger's disorder will now be referred to as "mild autism."<sup>11</sup> DSM-V now uses the following definition: "People with ASD tend to have communication deficits, such as responding inappropriately in conversations, misreading nonverbal

TABLE 2

### Major Categories of Developmental Disabilities

Category	Number	Percent
Intellectual disability	143,965	74.4
Epilepsy	37,887	19.6
Autism spectrum disorder	36,952	19.1*
Cerebral palsy	34,646	17.9
Developmental disabilities diagnostic categories	193,522	100

Source: California Department of Developmental Services, 2007; \*Autism spectrum disorder was 13.8 percent (23,502) in 2004.

interactions or having difficulty building friendships appropriate to their age. In addition, people with ASD may be overly dependent on routines, highly sensitive to changes in their environment or intensely focused on inappropriate items. Again, the symptoms of people with ASD will fall on a continuum, with some individuals showing mild symptoms and others having much more severe symptoms."<sup>11</sup>

The story of Ms. Wineman's appearance in the 2013 Miss America pageant is a clear example of achievement based on hard work despite a clinical diagnosis of autism. Many people of accomplishment have a clinical diagnosis of a developmental disability or other limiting factor and function in the world with significant success and overcome obstacles in life that most people do not have to endure.<sup>1</sup> These legislative and regulatory actions on the federal and state levels help to place individuals who qualify under these acts on a level footing with most people in our society. DDS also reported on the prevalence of the four major categories of developmental disabilities. Autism spectrum disorder from 2004 to 2007 went from 13.0 percent to 18.1 percent of the diagnostic categories within DDS's client base, with cerebral palsy going from 22 percent to 17.9 percent<sup>15</sup> (TABLE 2).

**Cerebral Palsy.** Current research suggests the majority of cerebral palsy cases result from abnormal brain development or brain injury prior to birth or during labor and delivery. Accidents, abuse, medical malpractice, negligence, infections and injury are some known risk factors that may lead to cerebral palsy.<sup>12</sup> Diagnostically, of the four listed developmental disabilities, only intellectual disability has intellectual disability as a component. If an individual is diagnosed with epilepsy, autism spectrum disorder or cerebral palsy, that individual does not have an intellectual disability; however, it is always possible the individual may concurrently have a second or possibly third developmental disability.<sup>14,15,17</sup>

The Americans with Disabilities Act is important to us because dental offices are considered places of public accommodation.<sup>18</sup> Discrimination in access to services is prohibited against a person considered disabled under the AwDA.<sup>19</sup> There are three main categories of impairment under the act:

1. Physical or mental impairment that substantially limits one or more of the major life activities of that person.
  - a. Persons with developmental disabilities.
  - b. Persons with hearing or visual impairment.
  - c. Persons with certain medical conditions
    - i. Cancer
    - ii. Diabetes
    - iii. Heart disease
    - iv. Human immunodeficiency virus (HIV)
2. A record of such impairment
  - a. Alcohol or drug abuse
    - i. If a person arrives at your office intoxicated and poses a direct threat to others, you can refuse service.



- ii. Nonemergency treatment may be postponed if the patient is under the influence and it is in the patient's best interest to do so.
- b. Mental illness
- c. Cancer or heart disease, but not limited in major life activities
- 3. Impairment without actually being disabled.
  - a. Physical deformity where major life activities are not limited, but public reaction may be discriminatory.<sup>6</sup>

The Californians with Disability Act is substantially the same except the federal government uses the term “substantially limits,” while California removes the term “substantially” and uses the term “limits.”<sup>20</sup> For the dentist to provide dental services to clients of DDS age 21 and over, the dentist was required to obtain two vendor authorizations, one through DDS and one through Denti-Cal. Dentists already vendorized under Denti-Cal had to become separately vendorized through DDS, but this cumbersome process was changed. California Code of Regulations §54310 was recently amended to allow those dentists already enrolled in the Denti-Cal program not to have to be separately vendorized under DDS unless the regional centers are directly paying for services.<sup>21</sup>

### Education of Dentists in Special Care Dentistry

Dental students need to be exposed to the management of patients with special needs or having trained dentists to provide necessary care in the future is going to diminish. When educated professionals are unavailable to provide care for patients with special needs, then this segment of our population will be unable to find practitioners to meet their oral health concerns. This situation decreases access

to care for our most vulnerable population and creates an unnecessary burden on those dentists already providing crucial services to patients with special needs.<sup>22,23</sup>

A survey published in 1999 by Romer et al. reported 38 percent of the respondent dental schools had special patient care (SPC) clinics.<sup>24</sup> In a later dental school survey published in 2007, Schwenck et al. discovered that 40 percent of the respondents had SPC clinics. In these clinics, 94 percent used dental students to provide dental care.<sup>25</sup> During

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an eight-year period there was a net increase of 2 percent, which indicates that dental schools are not increasing their curriculum time to focus on SPC.

A more recent survey indicated that “less than three quarters of U.S. dental schools have predoctoral students actively involved in treating patients with special needs.”<sup>26</sup> Apparently, some dental schools regard Commission on Dental Accreditation Standard 2-24 as a guideline; however, a reading of the Standard shows “must” do wording: “Graduates *must* be competent in assessing the treatment needs of patients with special needs.”

The Standards define the term *must*: “Indicates an imperative or duty; an essential or indispensable item; mandatory.”

Furthermore, the Standards define *patients with special needs* as: “Those patients whose medical, physical, psychological or social situations make it necessary to modify normal dental routines in order to provide dental treatment for that individual. These individuals include, but are not limited to, people with developmental disabilities, complex medical problems and significant physical limitations.”<sup>27</sup>

A variety of conditions are defined as disabilities, particularly through the AwDA and through laws defining developmental disabilities. While the purpose of this article is not to redefine any terms or references, we have to consider how terms such as “disability” must be sorted into identifiable components. What are some factors influencing whether dental professionals will engage in the care of persons with disabilities? First, we will evaluate three types of predoctoral dental school programs. Second, we will evaluate two types of postdoctoral dental programs.

### Predoctoral Dental Schools

#### *Dental School No. 1*

The first consideration is treatment provided by undergraduate dental students. At any particular institution, does the clinical director's office distribute case assignments for all patients seeking care? The second consideration is whether the institution also has within its structure a hospital-based general practice residency (GPR) program or an advanced education in general dentistry (AEGD) program, or possibly a pediatric dentistry residency program, offering hospital training and provision of services in an operating room under general anesthesia and whether dental students have access to participate

in hospital settings. Each institution would have to evaluate its abilities. If there is no undergraduate special needs accommodation within the school despite a “must” designation regarding predoctoral Standard 2-24, then it can be assumed that “disabled” patients will not receive care; furthermore, because there are no postdoctoral programs offering special care, in this scenario, patients will be screened to encourage those with disabilities away from this institution.

### *Dental School No. 2*

If this institution offers care for persons with disabilities in the clinic, what about advanced care for those who require dental care under general anesthesia? If postdoctoral programs are not available to treat patients with special needs, a conclusion can be drawn that some of the persons within this identifiable group will receive care within the predoctoral dental school environment, but no one requiring sedative or operating room settings will be made available to patients with special needs.<sup>22,23,26</sup>

### *Dental School No. 3*

The third type of institution would have a predoctoral special care clinic with appropriately trained faculty, who are able to manage patients in the operating room. The goal would be to train dentists either to go into postdoctoral general dentistry programs or adequately train predoctoral dental students to manage the care of patients with special needs.<sup>22,23</sup> Ideally, there would be an affiliation with a GPR postdoctoral program, an AEGD with an operating room component, or possibly a postdoctoral pediatric dentistry program with an operating room component for children and adults with special needs. Because a GPR is hospital based, an appropriate affiliation agreement would need to exist.

## **Postdoctoral Dental Residency Programs**

Using postdoctoral GPR programs as our ideal source of care for patients with special needs, will the situation always achieve our goal?

### *GPR No. 1*

Veterans Administration (VA) Medical Centers, also Health Care Systems:

In a VA GPR, the client base is identified as military service connected. Depending on a number of factors, military veterans may receive dental and medical services through qualification in the federal system.

Patients with special care needs would include geriatric patients and medically complex patients. Nonmilitary affiliated patients would not be part of the patient base at a VA institution. Similarly, postdoctoral GPR programs in VA institutions would not certify their residents in the management of children and those with developmental disabilities in hospital environments. The VA dental resident would not receive these experiences unless the residency had an affiliation and rotation to a non-VA site where operating room experiences with children and patients with developmental disabilities could be gained.

### *GPR No. 2*

Institutions that are community or county based would have the ability to offer residents critical training in the full range of hospital-based activities: clinic, emergency department, operating room, consultative and comprehensive services for all patients seen by the institution.<sup>28</sup>

<sup>29</sup> Most patients will have third-party coverage, private pay, grant-related or Medicaid payment options. California law has always provided a greater level of protection through FEHA than federal

AwDA law.<sup>8</sup> Therefore, qualifying under California law allows a much broader consideration compared to the more narrowly defined AwDA.<sup>30</sup> Emergency departments, because of federal Emergency Medical Treatment and Labor Act (EMTALA) provisions, may not discriminate against patients coming to the emergency department based on the individual's payment classification, particularly if the institution accepts federal money as payment for health care.<sup>33</sup>

Commission on Dental Accreditation-approved residency programs<sup>34</sup> with county or community sponsorship are often best suited to provide care to all persons coming for care than stand-alone VA residency programs.

## **The Patient Protection and Affordable Care Act**

The Patient Protection and Affordable Care Act, Section 1401, states that “... pediatric dental benefits ... are included in the essential health benefits required to be provided ...”<sup>31</sup> The children's provision goes into effect in 2014; California will determine the range of benefits and has decided to allow stand-alone dental plans. Stand-alone plans do not have to be tied to the medical plan. There are more than 300,000 children with disabilities in California.<sup>32</sup> Major changes are coming to insurance coverage for health.

## **Office Concerns**

### *Patients with Limitations*

Because of a range of cognitive and physical impairments, examples of simple office demeanor changes can manifest into rewarding experiences in the dental office for the patient and the dental team.<sup>35,36,37,38</sup> One example is visual impairment.

## Visual Impairment

Vision provides perspective to life functions. Once vision is lost, the other senses become heightened, especially hearing, smell and touch. The dental team approach to the visually impaired is critical. A member of the dental team who marches into the waiting room, grabs the patient by the hand and yanks the patient out of the chair saying “follow me” has forever negated this dental appointment. No matter how skilled the team is in providing dental services, the game is lost. Why? Because people do not like to be treated in an offensive manner. Are you dragged by the hand into your health care provider’s exam room? Would you be offended?

So, if we do not grab people or pull and drag them, what should we do? With an adult, you offer your arm and speak calmly. You walk with the patient and tell the patient what is ahead — the door, the entrance into the office, the hallway, entrance into the operatory and the dental chair. The dental team member can describe where to sit, describe the room and equipment and ask the patient what they would like to touch as they are prepared in the operatory. Ask the patient whether they want to touch the doorframe, the back of the dental chair, etc. Team training is essential so no one grabs the hand of a patient who is then dragged to the operatory. Once the patient is seated, offer to let the patient touch the instruments, if he or she wants, steering him/her away from sharp edges. Personal protection standards apply here. Some patients with visual impairment may want to touch your arm as you retrieve instruments and go through the procedure. Once the patient is confident in you, he/she will be more comfortable in your care. Make sure you accommodate these patients.

Mea culpa — The alternative scenario might go wrong, very wrong. The patient is now in the dental chair and the assistant says, “Dr. Jim will be in shortly.” Dr. Jim has silently followed the patient into the room. He comes by, shouts, “Hi Bill,” and at the same time gives him a good, firm slap on the back. As the chair back is rapidly being positioned downward, Dr. Jim says, “Open wide so I can give you a shot.” Bill finally says, “Wait a minute!”

## Hearing Impairment

Similarly, the person with a hearing impairment uses a heightened visual sense in everyday encounters. If a dental dam is not placed properly, the upper edge of the dam could be at the level above the eyes making it difficult or impossible for the patient to visualize while receiving dental care. Often, it is the small things to us that are the big things to those with various disabilities. The use of the dental dam for many persons with disabilities helps make the dental experience satisfactory. Protecting the airway and isolating the operative site is for the patient’s safety and enhances the dental team’s efficiency.

## Dental Dam Isolation

Why use a dental dam at all? Because your dental school made you use it. It is required in all regional board exams. And why would that be important? Dentists are able to achieve predictable isolation of the field. The dental dam makes our work as dentists easier and better. Using the dental dam in private practice is the standard of care, because it is protective and isolates the treatment area.<sup>39,40,41</sup> Persons with disabilities, such as individuals with epilepsy or cerebral palsy, greatly benefit from dental dam use and, when possible, stability is enhanced using a mouth prop.

A survey of general dentists revealed that the application of a rubber dam was not consistently used. Dentists have cited inconvenience (40 percent) and unnecessary (28 percent) as the main reasons. Only 18 percent always use a rubber dam to do posterior composites as compared to 17 percent with anterior composites.<sup>42</sup> Slawvinski and Wilson surveyed pediatric dentists and pediatric dentistry program directors. More than 80 percent of this group used the rubber dam, which they considered the standard of care in pediatric dentistry.<sup>39</sup>

The American Association of Endodontists in its position statement on dental dams makes the following statement:

“Tooth isolation using the dental dam is the standard of care; it is integral and essential for any nonsurgical endodontic treatment. ... The dental dam also offers other benefits, such as aiding in visualization by providing a clean operating field and preventing ingestion or aspiration of dental materials, irrigants and instruments.”<sup>43</sup>

The use of the dental dam is the standard of care and one of the most effective procedures dentists can incorporate into clinical practice and in the care of persons with disabilities.

## Transfer Considerations

The National Institutes of Health makes available several oral care pamphlets for dentists who treat special needs patients.<sup>44-49</sup> One publication is titled *Wheelchair Transfer: A Health Care Provider’s Guide*. A safe wheelchair transfer requires six steps:<sup>49</sup>

*Step 1.* Determine the patient’s needs, which may require asking the patient or caregiver (**FIGURE 1**).

*Step 2.* Prepare the dental operatory,

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**FIGURE 1.** Before attempting to transfer a patient, determine his or her needs. Ask the patient or caregiver about his/her preferred transfer method and the patient's ability to help.



**FIGURE 2.** Prepare the dental operatory, which may require removal, relocation or reposition of equipment. Position the dental chair to the same height as the wheelchair.



**FIGURE 3.** Position the wheelchair close to and parallel to the dental chair. Remove the footrests and armrest next to the dental chair and lock the wheels. Check for any special padding or equipment that needs to be moved.



**FIGURE 4.** Support the patient and transfer any special padding or equipment from the wheelchair to the dental chair. Perform a two-person transfer from the wheelchair to the dental chair, gently lifting the patient's torso and legs at the same time as you make the transfer.



**FIGURE 5.** Center the patient in the dental chair. Reposition any special padding and safety belt as needed for the patient's comfort.



**FIGURE 6.** Transfer the patient from the dental chair back to the wheelchair. Position the wheelchair close to and parallel to the dental chair, remove the armrest and lock the wheels. Raise the dental chair slightly higher than the wheelchair and transfer the patient using the two-person transfer described in **FIGURE 4**.



which may require removal, relocation or reposition of equipment in the room (FIGURE 2).

*Step 3.* Prepare the wheelchair, which may require removing footrests, moving the wheelchair close to and parallel to the dental chair (FIGURE 3).

*Step 4.* Perform a two-person transfer from the wheelchair to the dental chair (FIGURE 4).

*Step 5.* Position the patient after the transfer and complete care (FIGURE 5).

*Step 6.* Transfer from the dental chair to the wheelchair (FIGURE 6).

Wheelchair transfers may be easily accomplished in the office with a trained staff working in unison. Often, the caregiver or parent accompanying the patient provides input and assistance in the process.

## Conclusion

A review of the Americans with Disabilities Act of 1990 and its California counterpart under the Fair Employment and Housing Act is necessary for our understanding of several aspects of the interface with the practice of dentistry. California law has a broader interpretation of who might be considered “disabled” than federal law, meaning more individuals are likely to meet qualifications under both state and federal interpretations, rather than meeting only the federal government’s standard — the narrower path under a “substantial limitations” interpretation. Since 1992, dental offices are considered places of “public accommodation.” Therefore, all the ramifications under federal and California regulations apply to dental offices as far as seeing patients with disabilities and making our offices and buildings compliant so we can accommodate our patients.

The word disability has several connotations. This article, in part, reviewed the factors in the

determination of a disability, as well as the definitions of developmental disabilities. The American Association on Intellectual and Developmental Disabilities has replaced the outdated term mental retardation with the term intellectual disability. The federal government, several states and DSM-V use the new term. DSM-V has also changed other diagnostic terminology and now uses the term autism spectrum disorder for a wide variety of autistic diagnoses and has changed the term Asperger’s disorder to mild autism.

The situation with special care clinics in our nation’s dental schools shows that only 40 percent of the schools have SPCs. This situation is not encouraging when Commission on Dental Accreditation Standard 2-24 mandates compliance: “Graduates must be competent in assessing the treatment needs of patients with special needs.” Predoctoral and postdoctoral scenarios were reviewed to help identify what our institutions are capable of providing in special needs education. The article focused on several office scenarios involving the dental team, the importance of dental dam use as the standard of care and safe wheelchair to dental chair transfer techniques.

Miss Montana, 18-year-old Alexis Wineman, despite being diagnosed with autism, came in 15<sup>th</sup> overall in the 2013 Miss America Pageant and was chosen “America’s Choice” after beating out 50 other contestants in public online voting. A young woman determined to make a difference in how the public perceives persons with developmental disabilities has enhanced, in a positive way, how each of us regard her and her accomplishments. Alexis Wineman is a real example of success despite difficult odds. ■■■■

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# Reducing the Risk of an AwDA Lawsuit

KURT A. FRANKLIN, JD, AND MEGAN OLIVER THOMPSON, JD

**ABSTRACT** Improving access to your dental office now is cheaper than waiting to be sued.

## AUTHORS

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*Conflict of Interest*  
*Disclosure:* None reported.

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*Conflict of Interest*  
*Disclosure:* None reported.

**T**he Americans with Disabilities Act Title III and the Unruh Act (the state civil rights law counterpart) apply to dental offices and their landlords.

Typically, businesses are sued because they have failed to remove a physical barrier when removing it would have been “easily accomplishable and able to be carried out without much difficulty or expense.”

These lawsuits are common because more than 20 years after the AwDA was enacted,<sup>1</sup> businesses are still not accessible — even though many fixes are easy; often, business owners incorrectly believe their businesses are “grandfathered” so as to not require accessibility improvements; for the plaintiffs, proof is relatively easy, as the regulations are technical; and incentive to file a lawsuit is high — if a plaintiff can find any barrier, he or she will claim that they are entitled attorneys’ fees. Moreover, in California, plaintiffs can obtain monetary damages, as well.

By developing a plan to remove barriers to access, dentists can significantly reduce these risks.

## AwDA Basics

Title III of the AwDA prohibits discrimination by businesses that operate places of public accommodation.<sup>2</sup> Dental offices are places of public accommodation. Title III provides, “[n]o individual shall be discriminated against on the basis of disability in the full and equal enjoyment of the goods, services, facilities, privileges, advantages or accommodations of any place of public accommodation by any person who owns, leases (or leases to) or operates a place of public accommodation.”<sup>3</sup> Discrimination includes “a failure to remove architectural barriers in existing facilities where such removal is readily achievable.”<sup>4</sup> Architectural barriers are those structural or design features that limit the access and mobility of disabled persons, e.g., ramps, counters and doorways. Readily achievable means “easily accomplishable and able to be carried out without much difficulty or expense.”<sup>5</sup>

To prevail on a Title III discrimination claim, the plaintiff must show that he or she is disabled within the meaning of the AwDA; the defendant is a private entity that owns,

leases or operates a place of public accommodation and the plaintiff was denied public accommodations by the defendant because of his or her disability, i.e., because of a disability and its relationship to a barrier, the plaintiff was denied full-and-equal access to your dental office.<sup>6</sup>

In addition to AwDA Title III claims, plaintiffs virtually always file parallel California state law claims.<sup>7</sup> Federal courts have ancillary jurisdiction over these claims. Although the AwDA does not provide for any monetary damages awards, California's disability-access statutes permit a plaintiff to collect up to three times actual damages, or \$4,000 per visit or deterred visit, if they can show the barrier also caused them "difficulty, discomfort or embarrassment."

### Medical Providers

The U.S. government places extra importance on ensuring medical providers are accessible. However, AwDA civil rights activists see room for improvement in most businesses. AwDA Title III and related regulations are the law in the United States and California. Generally, judges consider the AwDA to be an important component of civil rights legislation. Further, as to dentists and other medical professionals, the government asserts that, because of physical barriers, individuals with disabilities are less likely to obtain routine preventive medical care than people without disabilities. The government has also stated that access to dental offices is important so that minor problems can be detected and treated before turning into major problems.

Understand that not every case is a "drive-by" lawsuit or shakedown. While some of the plaintiffs groups are motivated by financial recovery, many

are motivated as civil rights advocates to take action to make the world more accessible to persons with disabilities. To these activists, their lawsuits are a form of protest to force compliance with the AwDA and, thus, they take umbrage to "shakedown" references. Among the disability-rights activists, there is a defined core of regular plaintiffs and lawyers who file the vast majority of these lawsuits. Indeed, a few dozen people are responsible for thousands of lawsuits.

**ANECDOTALLY,  
barrier-related disability  
access lawsuits are the  
most common types of  
lawsuits initiated against  
businesses.**

### Financial Incentives to Improve Accessibility

Since January 2005, tens of thousands of AwDA lawsuits have been filed in federal courts across the country. Anecdotally, barrier-related disability access lawsuits are the most common types of lawsuits initiated against businesses. It's worse in California, where several lawsuits are filed each day. If this isn't enough, a sophisticated plaintiffs' firm recently filed AwDA Title III lawsuits on behalf of its clients as class actions — demanding (and achieving) settlements in the seven-figure ranges, i.e., \$1 million per location.<sup>8</sup>

This means that failing to comply with the AwDA is expensive. An AwDA lawsuit can cost tens of thousands of dollars in defense-related costs and resolution

efforts, plus attorneys' fees to the plaintiff if the plaintiff prevails. If a matter is complicated, or doesn't resolve early, the costs can be substantially more.

### Steps to Reduce Lawsuit Risks

The first thing you can do to prevent lawsuits is listen extra attentively to your disabled patients and treat them with respect. This works because most of your disabled patients aren't AwDA activists. If a patient with a disability complains, be positive and see if you can successfully address the problem and solve it. Next, train your staff to think the same way. In addition, staff should know which examination and procedure rooms are accessible and where portable accessible equipment is stored. They should understand how to properly assist patients who need transfers and lifts. They should know that not all persons with disabilities are the same — each is unique. Of course, dentists and staff should first ask disabled patients if they need help before providing it because many people who use wheelchairs for mobility consider their wheelchair to be an extension of their body.

In addition to removing construction-related barriers, accessible medical equipment is required for dentists and other medical practitioners. The government asserts that examining a patient in his or her wheelchair usually is less thorough than on the exam table or exam chair and does not provide the patient "full and equal" medical services. Thus, availability of accessible medical equipment — specifically medical and dental examination tables and chairs — is an important part of providing accessible medical care, and dentists and other medical care providers must ensure that medical equipment is not a barrier to individuals with disabilities.<sup>9</sup>

Further, to prevent claims, consider conducting an AwDA facility audit — or “compliance implementation plan.” Plans should include an AwDA survey, which notes each barrier/compliance issue, the costs to remediate each compliance issue and projected completion dates for items on the survey. In California, you can also hire a certified access specialist (CAsp) to inspect your business. Working with a CAsp provides added benefit if you are sued in state court by limiting damages and forcing early settlement discussion. Initially, plans to improve access should focus on getting patients into your office from the parking lot; providing “full and equal” dental care, with at least one fully accessible examination room; making sure public restrooms are accessible; and making sure waiting rooms and service desks are accessible. If a fix cannot be easily achieved, or achieving it would be an undue financial burden or would fundamentally alter your business, you’ll want to note this in your plan. In addition, having a barrier-removal implementation plan well underway provides several potential defenses to AwDA claims, e.g., there are no barriers, and even if there are barriers that still need to be removed, an injunction would not be appropriate when the defendant is already taking action to comply with the AwDA.

Next, consider insurance. Many business insurance policies provide coverage for claims brought under Title III of the AwDA. Public accommodations lawsuits are civil rights claims in the same respect as employment-based lawsuits under the AwDA, or race claims under the Unruh Act. Thus, often the type of coverage that applies is a specialty insurance called employment practices liability insurance, or EPLI. Be savvy when it comes to claims. Most often,

these policies are “claims-made” policies, meaning you must be insured during the time that a claim is made against you. If you receive any potential complaint about access, you’ll want to report it to your insurer right away or risk having the insurer later deny it for being untimely. Finally, if your lease requires you to indemnify your landlord for AwDA claims (and most leases do), then you might evaluate whether the landlord can be named as an additional insured.

**THE FIRST THING  
you can do to prevent  
lawsuits is listen extra  
attentively to your  
disabled patients and treat  
them with respect.**

### Typical Complaints

Most AwDA complaints are highly technical with respect to both the California Building Code and the federal AwDA Accessibility Guidelines (AwDAAG). Essentially, these regulations are encyclopedias of accessible design standards. Often based on technical violations, plaintiffs then allege that they were “denied full and equal access to defendants’ facilities, goods and/or services in violation of both federal and state laws when they attempted to enter, use and/or exit defendants’ facilities.” Under recent Ninth Circuit case law, to obtain relief, plaintiffs now must allege how each specific barrier has denied him or her “full and equal access” to the office. Further, the alleged deficiency must be actually identified in the complaint.<sup>10</sup>

Violations frequently identified in an AwDA Title III complaint include the following:

- The tow away signage provided is incorrect, e.g., missing a telephone number to reclaim a towed car.
- The signage in the van-accessible stall is incorrect.
- There is no stop sign painted on the pavement where the accessible route crosses the vehicular way.
- The path of travel to the entrance has a cross slope that is greater than 2 percent.
- There are no detectable warnings where the accessible route crosses the vehicular way.
- The front door requires more than five pounds of force to open.
- The counter heights are too high.
- There is no directional signage leading to the accessible restroom.
- The signage at the restroom’s entrance door is incorrect.
- The door into the restroom requires too much force to operate and does not completely close.
- The stall door is not self-closing.
- The handle and lock on the stall door require pinching and twisting to operate.
- The side grab bar is mounted more than 12 inches from the back wall.
- The side grab bar does not extend 24 inches beyond the toilet tissue dispenser.
- The toilet tissue dispenser protrudes into the clear floor space needed at the water closet.
- The toilet tissue dispenser is mounted so the dispensing point is less than 19 inches above the finished floor.
- The pipes underneath the sink are not wrapped to prevent burns and to cover sharp edges.

- The handles to operate the sink controls require twisting and grasping.
- The soap dispenser's operable part is mounted at more than 40 inches from the floor.
- The operable part of the hand dryer is mounted at more than 40 inches from the floor.

### Should You Hire an Attorney?

An experienced AwDA defense lawyer understands the most common physical barriers in your business and how they can be remediated. In addition, they will know the plaintiffs, their lawyers and their experts — and the strengths and weaknesses of each. Indeed, each set of lawyers and plaintiffs is unique, requiring different strategic responses. Relationships and credibility matter. Equally important, an experienced AwDA defense lawyer will have a strong understanding of insurance coverage, a good relationship with insurance claim adjusters and an intimate familiarity with the insurance policies that have been sold and how they might pay for defense costs in defending AwDA lawsuits. In short, an experienced AwDA defense lawyer will know how to defend or settle your case to mitigate the risk of future claims and with the least amount of all-in costs, e.g., total defense-side attorneys' fees, remediation costs, damages to the plaintiffs and plaintiffs' attorneys' fees and costs.

Further, an experienced AwDA defense lawyer will help you evaluate your business goals in solving your AwDA problem. As a trusted advisor, experienced AwDA lawyers understand the typical emotional cycle of defendants in these types of cases, who are often experiencing their first

formal interaction with the federal courts. You'll be advised on all available options, as well as the costs associated with each strategy. If an aggressive litigation strategy is ill advised with a particular plaintiffs' lawyer, the experienced AwDA defense lawyer will tell you that.

### When to Settle

Aggressive litigation is expensive; does it make sense to settle? Cases should settle when it makes business sense. Understand the numbers — trials are unlikely and expensive. Unlike the many television shows about lawyers, in real-world civil litigation, few cases ever go to trial. Statistically, fewer than 2 percent of all cases filed in federal court go to trial. In the Northern District of California, it's less than 1 percent. And with AwDA Title III cases, the number is even smaller. The odds are your case will resolve before trial, too.

Moreover, AwDA Title III cases often settle early because the key facts are generally known or knowable. They settle at a high rate because taking any case to trial — even with a budget-minded lawyer and client — can easily be a six-figure proposition. If litigated vigorously, the defense side fees can be substantially more. Moreover, if the plaintiff prevails, he or she will be entitled to attorneys' fees. In a recent attorney fee application in an AwDA Title III case, a court awarded fees to a plaintiff's law firm based on rates ranging up to \$825 per hour. On top of that, the court applied a 1.29 "success" multiplier. The takeaway is this: six- to seven-figure attorneys' fee awards can happen.

### Going to Trial

If the case goes to trial, eight strangers will decide your fate. Both parties have the right to a jury trial. It's

the plaintiff's burden to prove his or her case, and the defendant's burden to prove any affirmative defenses. Federal civil trials typically have eight jurors — strangers to you — impaneled to decide your dispute. In federal court, their decision must be unanimous. These eight jurors, from unemployed 18-year-olds to retired senior citizens, will decide the facts in your case. And while the court will instruct the jury to base its decisions solely on the evidence and the law, the truth is these eight jurors bring their experiences, personalities and perceptions into the courtroom and these things will help shape their decisions. In truth, it is very difficult to know how the unique facts of your case will be received by the jury.

Next, before the trial, no one knows for certain what evidence the jurors will hear. Before the trial, the judge will rule on pretrial motions in which the parties try to exclude whole segments of the other side's case and prevent any reference to them in front of the jury. For example, an AwDA activist's numerous prior lawsuits, feigned injuries, hidden video, photos of the activist's inaccessible home or workplace and criminal background may never come into evidence. In other words, the smoking gun you know will persuade the jury to rule in your favor may never be heard during trial.

What is certain about a trial is this — it's expensive. To get a case to trial takes at least a year in time, and likely more than six figures in attorneys' fees and costs. During trial, your lawyers will work 10 to 14 hour days. And for each lawyer in court, a lawyer or paralegal is working on the case back at the office. If you're paying your lawyers between \$300 and \$600 per hour, it adds up quickly.



## Conclusion

Start planning your AwDA defense by working with an experienced AwDA lawyer and CASp on your AwDA compliance implementation plan. Improving access to your dental office now is cheaper than waiting until you are sued. If you're interested in aggressively defending lawsuits, pursue this strategy with a thorough understanding of the costs. ■■■■

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7. Unruh Act, and the California Disabled Persons Act.
8. See *Castaneda v. Burger King Corp.*, 3:08-cv-04262-WHA; *Vallabhapurapu v. Burger King Corp.*, No. 11-0667 (N.D. Cal. Oct. 29, 2012) (\$19 million settlement involving 77 locations, with an average payout of approximately \$23,000 per class member).

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10. *Oliver v. Ralphs Grocery Company*, 654 F.3d 903 (9th Cir. 2011) ("[A] plaintiff must identify the barriers that constitute the grounds for a claim of discrimination under the AwDA in the complaint itself; a defendant is not deemed to have fair notice of barriers identified elsewhere," e.g., in an expert report).

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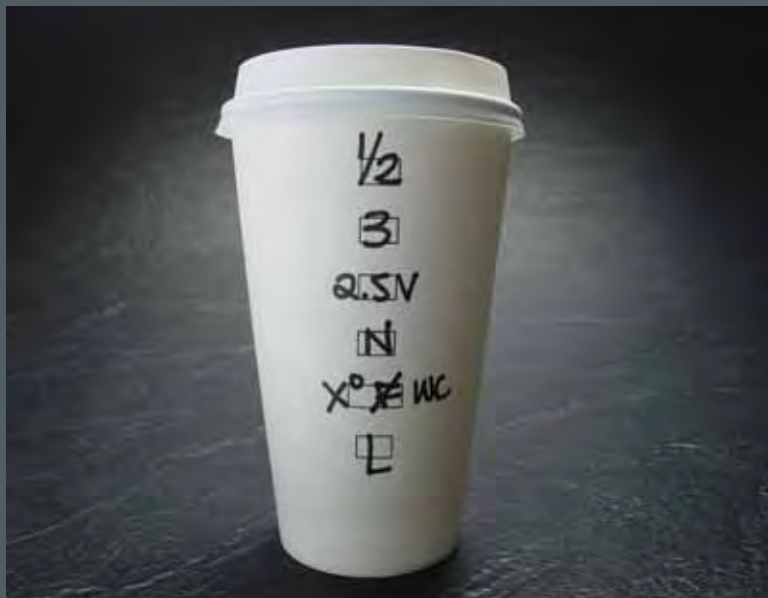
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# Is Your Dental Office Accessible to People with Disabilities?

STEPHEN J. DOLIM, AIA, LEED AP, CASP

**ABSTRACT** It has been estimated that more than 90 percent of the offices of health professionals in California have one or more accessibility issues, which commonly lead to lawsuits. Is your office among them?

## AUTHOR

**Stephen J. Dolim, AIA, LEED AP, CASp**, is a licensed architect and certified access specialist. Mr. Dolim recently served on the California Building Standards Commission, the Accessibility Code Advisory Committee and on the California Commission for Disability Access CASp and Education subcommittee. He has served for three years as treasurer for the Certified Access Specialist Institute where he is a founding member.

**C**an you afford to lose 23 percent of your patients? Nearly 23 percent of the population requires some form of physical accommodation. Now think about it, is your dental office accessible? A quick Web search indicates 10 percent of the population has some form of documented mobility impairment based on disabled persons' license plates issued by the DMV, according to a *Los Angeles Times* article dated June 20, 2007. Some sources state as much as 15 percent of the general population has some form of mobility impairment, another 3 percent is vision impaired and 10 percent is hearing impaired. This is not counting those people with other protected classes of medical disabilities defined under the Americans with Disabilities Act (AwDA).

Each patient expects his or her dental office to have easy access from the

sidewalk, to the parking lot and to the front door, especially if he or she is physically disabled. A dental practice may face exposure to lawsuits regarding accessibility compliance in common situations such as a patient parking his/her car in a large, level parking stall to exit the vehicle with ease, smoothly entering the office from the sidewalk or maneuvering around inside the office and into the dental chair without encountering obstructions. These "simple actions" may easily be overlooked by the dentist, staff and other patients. These kinds of physical accessibility issues led to the establishment of the AwDA in 1990, and recently were updated with the 2010 AwDA-Standards (AwDA-S) for accessible design, which became effective March 15, 2012 ([ada.gov](http://ada.gov)). Because California has a higher and often different standard for accessibility than the AwDA, it is imperative to reconcile the two often-inconsistent standards to avoid claims. Many properties, which

complied fully with the AwDA, have been subject to lawsuits.

The AwDA considers a dentist office as a health care provider, which is defined as a public accommodation under Title III (or Title II for a publicly funded entity). The Department of Justice (DOJ) is tasked with oversight and enforcement. The Access Board was set up by the DOJ to provide technical guidance on the AwDA-S. Any claims of accessibility deficiencies are generally brought forward in one of two ways:

- By the disabled party under a Civil Rights action in court, or
- By the DOJ in such overarching matters as HIV patient rights, as in the case of Woodlawn Family Dentistry in Alexandria, Va. (see [ada.gov/woodlawn\\_fmly\\_dnst.htm](http://ada.gov/woodlawn_fmly_dnst.htm)).

The AwDA is evolving, as demonstrated when the 1994 ADAAG Design Standards were replaced with 2010 AwDA Standards, which modified some of the previous accessibility requirements and expanded into new areas, such as boat piers and golf tee boxes. The Access Board is currently working on new accessibility standards for medical diagnostic equipment to ensure that exam tables, chairs and other imaging equipment used by health care providers are accessible to and usable by individuals with disabilities (see [access-board.gov/guidelines-and-standards/health-care/about-this-rulemaking](http://access-board.gov/guidelines-and-standards/health-care/about-this-rulemaking)). The Patient Protection and Affordable Care Act will be the mechanism to enforce this new regulation.

Considerable guidance is provided in *Access to Medical Care for Individuals with Mobility Disabilities* as published by the DOJ and the Department of Health and Human Services at [ada.gov/medcare\\_mobility\\_ta/medcare\\_ta.htm](http://ada.gov/medcare_mobility_ta/medcare_ta.htm). This guide discusses accessible exam room and medical equipment requirements, as well as staff training. The article outlines guidance on

many commonly asked questions, a couple of which are noted below:

1. "If I lease my medical office space, am I responsible for making sure the examination room, waiting room and toilet rooms are accessible?" Answer: Most likely yes depending on the lease.
2. "Are there tax breaks available for making my office accessible?" Answer: Yes. There may be both tax credits and tax deductions, but be sure to get appropriate tax and legal advice from qualified advisors.

Many other relevant questions and brief, easy-to-read answers are covered in this excellent publication.

### A Brief History

The California Unruh Civil Rights Act of 1959 and the Disabled Persons Act were the precursors to the federal AwDA. The Unruh Civil Rights Act recognized the potential for accessibility barriers in the built environment as a civil rights issue with the potential for damages in state accessibility lawsuits. Under the Unruh Civil Rights Act, \$4,000 damages per issue plus attorney's fees may be available to successful claimants. When the AwDA was established in 1990, the Unruh Act was amended to provide that noncompliance with the AwDA could also trigger liability under the Unruh Act. Currently, this underlying legal structure allows many claims to be addressed while it also permits a few prolific claimants to find numerous ADA violations and serve "demand for money to early settle" letters for observed violations to large numbers of businesses.

Many business owners felt abused and complained vigorously to their legislative representatives. In response to these complaints, the California Legislature enacted and the governor signed into

law SB 1608 in 2008, which established the California Commission on Disability Access (CCDA), as well as defined criteria for a highly trained accessibility expert called certified access specialist (CASp) to evaluate the accessibility of a facility pursuant to the Construction Related Accessibility Standards Compliance Act (CRASCA) requirements (applicable AwDA and CBC requirements). Under SB 1608, the following features were initiated:

- The CASp inspection program was developed to provide voluntary facility inspections and help business and property owners identify conditions that should be changed to improve accessibility for people with disabilities.
- Established a potential 90-day stay in court and an accelerated early evaluation conference for qualifying defendants.
- Limited claims for financial damages at certain properties to a single amount per visit, rather than the four-per-item calculations, which had been used by many claimants prior to that.
- Limited claims for financial damages based on conditions, which would actually deny full and equal access for the claimant's particular disabilities (rather than the "any noncompliance" standard asserted by many claimants prior to that).

### New Legislation in 2012

The measures established under SB 1608 were not enough to adequately stem the complaints from California businesses, as numerous accessibility claims continued. In October 2012, SB 1186 was signed by Governor Brown to expand some of the benefits and protections offered by SB 1608 as follows:

- Provided a potential reduction of the \$4,000 statutory damages to \$2,000 or



less for qualifying defendants under certain defined circumstances.

- Banned attorneys from sending demand letters seeking financial payments for early resolution of the claim.
- Required the CCDA and State Bar Association to track the demand letters filed by any attorneys and that now must include the attorneys' state bar number.
- Starting after July 1, 2013, generally requiring all commercial property owners are required to disclose to new commercial tenants if a property has been inspected by a CASp or not.

The same complaints also reached the authors of the building code, the California Building Standards Commission and Division of the State Architect. Significant effort was expended over the last year to reformat the accessibility chapter of the 2013 issue of the building code to more closely follow the formatting and requirements of the AwDA-S. This is a significant improvement to previous issues of the building code that kept California's unique formatting system and created overlapping and occasionally conflicting code compliance requirements. This alignment will greatly assist the construction industry to build more accessible construction projects in the future.

## Conclusion

Because of the unique interaction of federal and state accessibility standards in California, it is inadvisable to assume that any sort of exemption or safe harbor provision exists for improvements made before the AwDA, even if the improvements were completed with all the appropriate permits at that time. Additionally, there is an ongoing

and iterative requirement for ongoing evaluation to determine if a particular barrier may be subject to the "removal barriers that are readily achievable without much difficulty or expense" requirements, noting changes in one's financial resources over time. Many defendants incorrectly believed that they were "grandfathered" or otherwise exempt from compliance with the AwDA because their structures predated it. California's higher accessibility standards compel prudent owners of businesses and

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properties open to the public to arrange a CASp inspection through an attorney and seek qualified advice to determine which changes may be required or appropriate for any business that is to remain open to the public. Accessibility has become a necessary area of specialization, and many architects and designers often seek advice from the CASp in unusual conditions. It makes sense to seek the expert's opinions when it comes to specialized procedures or situations, whether in the field of dentistry or in accessibility within the built environment.

You might ask how does one best protect the business from accessibility claims and associated damages? You should obtain a CASp inspection and associated report of the public side of your office in order to take advantage of the significant benefits, which may

be available under SB 1186 and SB 1608. Those considering retaining a CASp inspector are strongly advised to do so through an attorney to reduce the risk that the findings will need to be provided to an opponent in current or future litigation. In order to prepare to speak with a CASp, you should know the answers to the following questions about your office:

- What is your office size, both in square feet and number of dental stations?
- Are you within a multitenant building or complex or a freestanding office by yourself?
- Are restrooms inside your space or out in a common area?
- When was your office built or most recently modified and do you have a copy of the plans?
- Did you perform any alterations or renovations with permits? If so, get the permits and plans.
- What floor are you located on and how many stories overall?
- Do you provide any patient parking and do you or the landlord control the parking area?
- Do you need to take an elevator to your office?

The Certified Access Specialist Institute (CASI), an organization dedicated to ensuring high standards for CASp practitioners, has a list of its members at [casinstitute.org/directory](http://casinstitute.org/directory). CASI was established as a not-for-profit professional association to advance the CASp profession by setting standards of practice for its members and to lead the recently created accessibility field. At last count, about 40 percent of all CASps were also CASI members, working to contribute and formulate their practice around the evolving standards established by CASI. You can also find a list of CASp professionals at [dgs.ca.gov/dsa/programs/programcert/casp.aspx](http://dgs.ca.gov/dsa/programs/programcert/casp.aspx).

Based on the information listed above, a properly qualified CASp can provide invaluable information about improving accessibility for people with disabilities and reducing the risk of claims.

Experts often advise against assuming that removal of a particular barrier is not readily achievable. A party's financial resources, the size of the parent organization and the number of employees based at the site are a few of the relevant factors the court uses to determine what may or may not be "readily achievable" for removal of a particular barrier by a particular defendant at a specific property. Proper

documentation that it is not "readily achievable" to remove a particular barrier may be a complex (and often expensive) process, involving accountants, lawyers, contractors, engineers, architects and CASp. However, in the end, there is no guarantee the court will share your opinion on this issue.

To reduce the risk of having to provide your CASp's findings to an opponent in any current or future litigation or discovery process, it is recommended to retain your CASp through an attorney from the onset.

It might be important to understand which professional background your

CASp might have: architect, engineer, interior designer, contractor or building inspection. Some nonarchitect CASps may provide only a CASp Inspection Report, leaving you to find the appropriate design professional for any corrective work afterwards. However, an architect-CASp is licensed to provide not only the CASp Inspection Report, but can also prepare plans for appropriate improvements if necessary. Regardless of a CASp's background the potential legal benefits provided by the CASp Inspection and Report are all but identical. A written proposal and contract with your CASp inspector is important as it outlines each party's responsibility and obligation. To reduce the risk of having to provide your CASp's findings to an opponent in current or future litigation, or to have your CASp called as a witness in any claim against you, it is important to retain any CASp you are considering through an attorney before any documents are prepared. Many attorneys will arrange this at little or no cost for existing clients. You should discuss the report format and ask for an example in order to understand what you are buying. If you expect to use this CASp report in court, you will want to make sure it is of a quality product that will bear the scrutiny of the judge and plaintiff.

Obtaining a CASp inspection is an important first step in determining what changes need to be made to improve accessibility, and can provide important legal benefits. In addition to reducing the risk of litigation, making the changes identified in the CASp report could bring in potential patients who might have been deterred by even commonplace conditions that can limit accessibility. Barrier-free access enhances customer satisfaction and word spreads. ■■■■

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# Disabled Access Claims: Issues and Liability

KIMBERLY STONE, JD

## AUTHOR

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*Conflict of Interest Disclosure: None reported.*

**A**busive and often unjustified litigation over the Americans with Disabilities Act (AwDA) has been an ongoing problem for dentists and other health care professionals for more than two decades. Thankfully, our public officials in Sacramento recently started to take AwDA abuses more seriously.

Bipartisan legislation passed in 2012 by the California Legislature and signed by Governor Jerry Brown — SB 1186 — goes further than any previous legislation in our state to curb abusive AwDA lawsuits. This article will help you understand how you can use SB 1186 to your advantage if you are faced with a disabled access claim.

Before getting into the details of the bill, let's review some of the history around the AwDA and California's disabled access laws in order to understand how we got to where we are today.

The AwDA was passed by Congress and signed by President George Bush in 1990. The law prohibits discrimination on the basis of disability in employment, state and local government services, public accommodations, transportation and telecommunications. Notably, it

also provides that federal laws shall not supersede state laws with more stringent accessibility provisions.

California was one step ahead of the federal government and in 1987 added those with disabilities as a protected class under the Unruh Civil Rights Act (Civil Code Section 51), California's antidiscrimination law. This made individuals with disabilities entitled to full and equal access to public accommodations (Civil Code Section 54 et seq.; Government Code commencing with Section 12900) as well as any governmental program (Government Code Section 11135 et seq.).

However, after the federal AwDA went into effect, California took further action and made any violation of the AwDA a violation of the state's Unruh Act as well. This was significant because the penalties for a violation of the Unruh Act are far greater than the penalties under federal law for an AwDA violation.

Under federal law, the Department of Justice may sue for damages when a person has been denied access to a public facility, but in a private lawsuit only injunctive relief (fixing the violation) is permitted and attorney fee awards

are discretionary. In contrast, under California's Unruh Act, plaintiffs may recover up to three times the actual damages but in no event less than \$4,000 per violation, plus attorney fees, regardless of the significance of the violation. A victim is eligible for the same amount regardless of whether the alleged physical barrier is the lack of a wheelchair-accessible parking space or a coat hanger on a door that is too high.

So it appeared that California lawmakers had decided that any minor technical violation of federal or state disabled access law, intentional or not, was to be treated in the same way as a civil rights violation.

It is important to realize that federal and state disabled access rules are incredibly lengthy, complex and are even in conflict in certain instances. Both set out technical regulations for everything from the height of a bathroom mirror or angles of striping on parking to the shade of blue used for signage or the maximum height of carpet pile. Additionally, both federal and state law change over time through the regulatory process, making it difficult for dentists and other business owners to keep up with what exactly is required of them in order to make their offices or facilities accessible.

Moreover, a claim could be filed for each time a disabled individual came into contact with a violation. In one case in Los Angeles, a plaintiff visited a restaurant 27 times over a three month period where the bathroom mirror was two inches too high, knowing he could file claims for each and every visit.

Thus, in California we've had a perfect storm of confusing rules that were easy to abuse coupled with major financial incentives for those who wanted to sue over any violation, no matter how small. Quick settlements seemingly were the

best option for the accused. The result has been a cottage industry of AwDA litigation in California. Forty percent of all AwDA lawsuits in the nation have been filed in our state, according to Lawyers Against Lawsuit Abuse.

In 2008, the California Legislature recognized that AwDA litigation was getting out of hand and passed SB 1608, which at the time was considered a major breakthrough. Most notably, the bill created a system of state certified access specialists (CASp) who would

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inspect business properties and certify those that were in compliance. Business properties that had been inspected by a CASp would also have the opportunity to take advantage of a new court procedure if they were sued that would allow them to request a 90-day stay of the action so a court could evaluate the claim and the CASp certification that had been issued, and to request an early evaluation conference with the court to resolve the lawsuit before litigation ensued.

Unfortunately, SB 1608 did not go far enough and the problem continued.

More far-reaching attempts at reform continued but repeatedly died in the Legislature's Judiciary Committees. Altogether, there were 14 bills introduced over a 10-year period that would have

provided an opportunity to cure after being notified of an alleged violation — in other words, a certain number of days for a property to be fixed before a lawsuit could be filed.

So going into 2012 there wasn't much reason for optimism that meaningful reform was anywhere in sight.

Then, in April 2012, a reason arrived. U.S. Senator Dianne Feinstein, who had continued to hear from Californians about the abuse that was happening, sent a letter to California Senate President pro Tempore Darrell Steinberg stating that a fix was still needed and that she would "consider introducing legislation in the U.S. Senate if this problem cannot be solved by the California State Legislature."

Steinberg initially pushed back and sent a response letter arguing the problem was being addressed by SB 1608, but he apparently had a change of heart soon thereafter, and teamed up with Republican State Senator Bob Dutton to joint-author SB 1186.

The bill was very much a work in progress throughout last year's session and took a number of different forms, at times looking so watered-down that it would provide essentially no help.

But to Steinberg's credit, he remained diligent about keeping all the stakeholders at the negotiating table and in the final days of session, a comprehensive bill was put forward. It passed through both houses of the Legislature with very little opposition and went into effect as an urgency measure when Governor Brown signed it on Sept. 19, 2012.

So what exactly does SB 1186 do?

First, it bans prelitigation, monetary demand letters, in which an attorney alleges an AwDA violation and seeks a specific amount of money from the property owner without actually filing a lawsuit. These demand letters are often



sent with attorneys offering to “go away” for a mere \$7,500 or so, and in some cases, they demand only money and do not even request that the property become compliant. Out of fear, many businesses comply with the demand and pay in order to avoid a lawsuit, even though they are unsure of whether a violation actually occurred. These types of extortionist letters harmed businesses and enriched unscrupulous plaintiffs’ attorneys without improving access for the disabled.

Second, SB 1186 increases the pleading requirements for claims alleging a violation. Specifically, the bill requires a plaintiff to verify the complaint under penalty of perjury. Letters sent in conjunction with a lawsuit now have to include sufficient facts notifying the business of the alleged barriers, how the alleged barrier denied the individual access and the dates on which this denial occurred. A copy must be sent to the State Bar as well. This should make attorneys more careful about the claims they choose to pursue, encourage them to ensure their cases are legitimate and deter those who file frivolous claims only to make a quick buck.

Third, the bill allows for a reduction in statutory damages for those who are making good faith efforts to comply. Statutory damages will be reduced from \$4,000 per violation to \$1,000 for those who had their properties inspected by a CASp or had construction approved by local building officials as long as the property is brought into full compliance within 60 days. Also, specified small businesses would have damages reduced to \$2,000 if the necessary fixes were made within 30 days.

As mentioned above, California is unique in providing a minimum \$4,000 in statutory damages that can be recovered in addition to any actual damages suffered. In addition to incentivizing litigation and quick settlements, this minimum amount

also fails to take into consideration the actions taken by the defendant to address the alleged access issue. SB 1186 mitigates this. It should be noted that victims are still entitled to actual damages suffered as well as attorney’s fees.

Fourth, the bill allows for judicial scrutiny of stacked claims. SB 1186 will require courts to consider the reasonableness of plaintiffs’ conduct when they intentionally visit the same property repeatedly knowing they can file multiple claims for the same violation.

Finally, the bill should increase the supply of certified access specialists by adding a dollar to business license fees to strengthen and expand the state’s CASp program.

SB 1186 is certainly a compromise measure. Nobody got everything they wanted. The Civil Justice Association of California, which works to reduce excessive and unwarranted litigation, and many other business groups have long supported providing notice and opportunity to cure. But sadly, given the number of times bills with that provision have failed, there simply isn’t adequate support in the Legislature for that idea.

There are issues that remain that could limit the bill’s impact. Financial incentives for AwDA lawyers have been reduced, but not eliminated. They could target more businesses to make up the difference. Prohibiting prelitigation demand letters could result in more lawsuits actually being filed, and with the harsh reductions in court, funding costs and stress for defendants could increase as their cases are prolonged.

Additionally, bringing a property into compliance can often take longer than 30-60 days, so the changes in statutory damages may not help some businesses.

That all being said, SB 1186 is the most serious attempt at reform to come out of the California Legislature since the AwDA was enacted.

There was some additional positive news this past January when, in a regulatory effort that complemented SB 1186, the California Building Standards Commission adopted a new regulatory package that uses the federal AwDA regulations as the basis for California’s regulations while maintaining the state’s provisions that are more stringent. The new standards will go into effect in January 2014, and for the first time, local building departments will be required to inspect for compliance with both federal and state provisions.

This should be very helpful in reducing confusion for business owners.

So, after more than two decades of chaos, there is finally a reason for at least cautious optimism. Only time will tell if these changes will work. The jury is still out, but it is certainly encouraging.

In the meantime, remember that the best way to avoid a lawsuit continues to be having a CASp inspect your facilities. However, if you find yourself accused of a violation, SB 1186 is now the law of the land so remember to use it to your advantage. ■■■■

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### What can dentists do to reduce their chances of being sued for an AwDA violation?

1. Complete an annual accessibility audit performed by a state certified access specialist (CASp). To find a CASp in your area, go to [https://www.apps.dgs.ca.gov/casp/casp\\_certified\\_list.aspx](https://www.apps.dgs.ca.gov/casp/casp_certified_list.aspx).
2. Sign up at [cjac.org](http://cjac.org) to receive the latest updates on disabled access issues, as well as other civil liability legislation.



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# Disabled Access Resources at the California Dental Association

JAN KATERKAMP, CIPP, CHP

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*Conflict of Interest*  
*Disclosure: None reported.*

California dental practices continue to be popular targets for claims of disabled access violations. While there have been many legislative attempts to level the playing field for businesses, plaintiffs are still able to sue for damages under state law and the federal Americans with Disabilities Act (AwDA). Receiving a monetary demand letter or lawsuit for an access violation can be very stressful — and expensive — for small business owners. The only way to avoid a lawsuit or monetary demand is full compliance with the access requirements. Disabled access laws are broad, and even a bit vague in certain areas. To help members wade through the muddy waters of the AwDA and California-specific disabled access requirements, the California Dental Association offers several resources to help members understand the applicability and scope of the laws and address some common misconceptions.

A good starting point is the CDA Compass at [cda.org/compass](http://cda.org/compass). The resource “*Best Defense Against Disability Lawsuits: Compliance*” is available in the regulatory compliance section

of the website. This article answers frequently asked questions about disabled access issues. It debunks the common misconception that facilities constructed prior to the effective date of the AwDA are “grandfathered” and thus exempt from modification requirements. The article discusses accessibility obligations for existing structures versus newly built or remodeled facilities, as well as whether the responsibility to modify existing structures sits with the building owner or a tenant leasing the space. It also touches upon California’s Certified Access Specialist (CASP) program and the legal protections available for businesses that avail themselves of an access inspection.

The article also contains links to helpful external resources for small businesses, such as the *ADA Update: A Primer for Small Businesses* from the U.S. Department of Justice at [ada.gov/regs2010/smallbusiness/smallbusprimer2010.htm](http://ada.gov/regs2010/smallbusiness/smallbusprimer2010.htm) and an online course “Reaching Out to Customers with Disabilities” at [ada.gov/reachingout/intro1.htm](http://ada.gov/reachingout/intro1.htm). Both of these resources offer practical advice for effectively, responsibly and of course legally, interacting and communicating with disabled individuals.

Members can also find the *2010 Standards for Accessible Design* document at [ada.gov/2010ADASTandards\\_index.htm](http://ada.gov/2010ADASTandards_index.htm), which contains the highly detailed specifications that places of public accommodation — including dental offices — must implement in order to achieve full compliance with the law. Keep in mind, it is always advisable to rely on a reputable expert in the field of disabled access rather than attempting to make alterations or modifications alone. Another helpful link is to the FAQ page on the California Division of the State Architect website at [dgs.ca.gov/dsa/Home.aspx](http://dgs.ca.gov/dsa/Home.aspx). The Division of the State Architect's website is also where businesses can find more information on California's CAsp program and a complete list of Certified Access Specialists in the state of California.

Also available in the regulatory compliance section of The Compass is an article entitled "Americans with Disabilities Act and Disability Rights Laws." This article provides some general information on accessibility standards, but also discusses other disability rights laws under the AwDA and state law. There is practical guidance on communicating with hearing impaired individuals, employment discrimination based on disability and disabled individuals' rights regarding service animals. Links to the U.S. Department of Justice AwDA homepage and the California Department of Rehabilitation are also provided. Both of these sites have helpful background and guidance for businesses seeking more information regarding their obligations to disabled individuals.

The Compass is also the place to find the CDA *Legal Reference Guide*, which contains helpful information regarding disability rights laws. Chapter 2 of the *Guide* has information regarding office

design requirements under the AwDA. Chapter 5 goes into a bit more detail on patient care, specifically the requirements for the use of interpreters for hearing impaired patients.

CDA's practice analysts are available through the Practice Support Center to field member questions regarding disabled access or treating patients with disabilities. They can be reached at 800.232.7645 or via email at [compass@cda.org](mailto:compass@cda.org). For those insured through The Dentists Insurance Company, TDIC's risk management analysts are also available to answer questions about disabled access and providing dental care to disabled individuals. They can be reached via the Risk Management Advice Line at 800.733.0634 or via email at [risk.management@cda.org](mailto:risk.management@cda.org).

The resources CDA provides can be used to gain a better understanding of a business's obligations under the AwDA and California-specific disabled access laws. When the time comes to make modifications or alterations to a facility or structure, it is always best to consult an expert in the field to ensure that everything is done to the letter of the law and nothing is missed. Disabled access compliance can be very complex and should not be taken lightly. Any violations, however minor they may seem, leaves the business owner and/or tenant open to frustrating and expensive claims of accessibility violations. ■■■■

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The *Journal* has changed its classified advertising policy for CDA members to place free classified ads online and publish in the *Journal*. CDA members can place any classified ad. Non-CDA members can post employment classifieds or place display ads in the *Journal*.

All classified ads must be submitted through [cda.org/classifieds](http://cda.org/classifieds). Fill out the blank fields provided, including whether the ad is to appear online only or online and in the *Journal*. Click "post" to submit your ad in its final form. The ad will post immediately on [cda.org](http://cda.org) and will remain for 90 days. Space permitting, your ad will run one time in the next issue of the *Journal* following the posting of your online ad. After 90 days, you will need to repost your ad if you wish to continue running it online. Note that CDA reserves the right to modify your classified ad for CDA style and to correct typographical errors.

Classified ads for publication in the *Journal* must be submitted by the fifth of every month, prior to the month of publication. Example: Jan. 5 at 9 a.m. is the deadline for the February issue of the *Journal*. If the fifth falls on a weekend or holiday, then the deadline will be 9 a.m. the following workday. After the deadline closes, classified ads for the *Journal* will not be accepted, altered or canceled. Deadlines are firm.

Classified advertisements categories are: Equipment for Sale, Offices for Sale, Offices for Rent or Lease, Available Positions, Opportunities Wanted and Practices for Sale.

### How to Place a Display Ad

Nonmembers are welcome to place display ads. For information on display advertising, please contact Corey Gerhard at 916-554-5304 or [corey.gerhard@cda.org](mailto:corey.gerhard@cda.org).

CDA reserves the right to edit copy and does not assume liability for contents of classified advertising.

## AVAILABLE POSITIONS

**DENTAL ASSISTANT** — Endodontic office in Vallejo is seeking an experienced, caring, enthusiastic, dependable Dental Assistant with excellent communication skills, organizational skills, great rapport with patients, high level of professionalism and collaborative attitude. Must have CPR and X-ray licenses. Previous endodontic experience, digital radiograph experience and Spanish language experience preferred. Position to start in late July or early August. Currently Mon-Wed, with room for growth. Please submit your resume with cover letter and references by email to [bwm.dds@gmail.com](mailto:bwm.dds@gmail.com).

**DENTAL ASSISTANT** — General dental office is looking for a DA/RDA who is friendly, responsible, professional and a team player to work in the back. Prefer at least one year of experience. The position requires some aspects of administrative work, so the successful candidate should be willing to learn the administrative work at the front. Competitive compensation. Email resumes to [foothilldental4@aol.com](mailto:foothilldental4@aol.com).

**DENTAL ASSISTANT** — Position summary: Performs a variety of dental assisting duties to promote dental care for patients. Assists the doctor, communicates effectively with patients, maintains equipment and inventory and follows

CONTINUES ON 710

## When Looking to Invest in Professional Dental Space Dental Professionals Choose



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website: [www.TOLD.com](http://www.TOLD.com)  
CA DRE #: 01465757

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INDUSTRIAL/COMMERCIAL REAL ESTATE  
CA DRE #: 01132455



# WESTERN PRACTICE

## 800.641.4179

WPS@SUCCEED.NET  
WESTERNPRACTICESALES.COM

### BAY AREA

**AC-187 SAN FRANCISCO:** Near Union Square in the heart of the City! 950 sf w/4 ops **\$225k**

**BC-162 PLEASANT HILL Facility:** Updated office, large windows & views of the outdoors. Open floor plan. 1,852 sf w/6 ops **Reduced! \$150k**

**BC-174 DOWNTOWN HAYWARD:** Large & Stable. Off major thoroughfare. 1,500 sf w/4 ops **\$200k**

**BC-175 EAST CONTRA COSTA:** Vast employment, shopping & activities! 1,995 sf w/5ops **\$300k**

**BN-183 HAYWARD:** *Kick it up a notch by increasing the current very relaxed work schedule!* 1,300 sf w/3 ops **\$150k**

**CC-077 BENICIA:** Highly visible. Within walking distance of downtown. 820 sf w/2 ops **\$100k**

**CC-133 SANTA ROSA:** Stable patient base. Well-respected. Location = new patient traffic. 1,291 sf w/3 ops + 1 add'l **\$480k**

**CC-151 SANTA ROSA:** Stable patient base, well-respected, close to Memorial Hospital. 2,262 sf w/6 ops **\$875k Real Estate avail.**

**CC-170 SOLANO COUNTY:** Minutes from nearby wine country! 950 sf w/3 ops **\$225k**

**CN-158 PETALUMA:** Predominantly Capitation practice. 1,000 sf w/4 ops **Reduced! \$395k**

**CN-184 SOLANO COUNTY:** Well established, premier practice. 2,180 sf w/5 ops. State of the art equipment **\$775k**

**CN-189 ANTIOCH VICINITY:** In the heart of the beautiful California Delta! 3 ops **\$275k**

**D-9091 ATHERTON:** Turnkey operation 969 sf & 3 ops **Call for Details!**

**DC-113 MILPITAS:** Seller retiring! Great location 1,009 sf w/3 ops. Plumbed for 1 add'l **\$110k**

**DC-164 WATSONVILLE:** Shopping complex/main thoroughfare. Modern & Attractive. 2,365 sf w/6 ops **\$395k**

**DG-116 SALINAS AREA:** Large, loyal & stable. Popular Retail Center. 1,400 sf w/5 ops. State-of-the-art Equipment **Reduced! \$205k**

**DG-124 MILPITAS:** Highly visible. Desirable area. 960 sf w/2 ops + 1 add'l **\$130k**

**DG-156 SAN JOSE:** Hardwood Floors & plenty of windows! 1,160 sf w/3 ops (+2 add'l) **\$145k**

### BAY AREA CONTINUED

**DG-161 FREMONT:** Beautiful office generating 40+ new pts/mo. 1,440 sf w/4 ops **\$215k**

**DG-202 SARATOGA Facility:** Attractive, well-maintained, 2-story Medical/Dental/Professional building. Desirable upscale, affluent area. 1,568 sf w/4 ops **\$185k**

**DC-191 MOUNTAIN VIEW:** Rare opportunity! High quality, potentially large-scale practice. Heart of Silicon Valley. 2,000 sf w/7 ops (+1) **\$950k**

### NORTHERN CALIFORNIA

**EG-198 SACRAMENTO:** Tucked in well established "Pocket Area" in highly desirable corridor. 1,112 sf w/3 ops **\$155k**

**EN-145 ROCKLIN Facility:** Very desirable community! 1,400 sf w/3 ops + 1 add'l **\$150k**

**EN-167 SACRAMENTO:** One of the most desirable, affluent areas. 2,400 sf w/5 ops. **\$450k**

**FN-181 NORTH COAST:** Well respected FFS GP. Stable patient base. 1,000 sf w/3 ops **SELLER MOTIVATED! \$150k (25% int. in bldg. avail.)**

**FN-087 LAKE COUNTY:** Quality practice, friendly staff & Cerec 2,400 sf w/3+ ops **\$699k**

**FN-148 MENDOCINO CO:** "Gateway to the Redwoods!" Quality care in 4 ops **\$325k**

**FN-185 UKIAH:** Street-level office/desirable area. 900 sf w/3 ops **\$275k**

**GG-140 CHICO VICINITY:** Selling for less than 50% of gross! 1,200 sf w/4ops. **Reduced! \$195k**

**GN-058 YUBA CITY:** Known for quality dental care. 1,704 sf w/4 ops **Reduced! \$359k**

**GN-134 REDDING:** Stellar reputation, quality care and location! 2,264 sf w/4 ops. **\$500k**

**GN-149 YREKA:** Quality FFS, Warm & Caring. 900 sf w/3 ops. Now Only: **\$180k/Real Estate \$110k**

**GN-166 CHICO:** Well Respected w/loyal patient base. 1,800 sf w/4 ops. **\$395k (or \$450k w/Cerec)**

**GN-177 CHICO/OROVILLE:** Spacious and spectacular! 2,500 sf w/6 ops **\$399k**

## What separates us from other brokerage firms?

As dentists and business professionals, we understand the unique aspects of dental practice sales and offer more practical knowledge than any other brokerage firm. We bring a critical inside perspective to the table when dealing with buyers and sellers by understanding the different complexities, personalities, strengths and weaknesses of one practice over another.

Our extensive buyer database and unsurpassed exposure allows us to offer you...

**A Better Candidate**

**A Better Fit**

**and A Better Price!**



# SALES

## CENTRAL VALLEY

**HN-059 LASSEN CO:** Quality, well-established, family-oriented. 1,600 sf w/3 ops **\$120k**

**HN-169 SONORA AREA:** Nestled in Pines East of Sonora. 1,800 sf w/3 ops + 1 Add'l **\$250k**

**I-9721 STOCKTON:** Prof. complex. 1,450 sf w/ 3 ops & plumbed for 1 add'l **\$75k**

**IG-067 STOCKTON:** Fully computerized, paperless, digitalized. 5,000 sf w/10 ops **Now \$425k**

**IG-165 TURLOCK:** Well established Shared/Solo Group Practice. 10 ops (shared) **\$428k**

**IN-176 TURLOCK:** Mother Lode, SF Bay & Sierras nearby! 2,500 sf w/3 ops **\$120k**

**IN-193 Modesto Facility:** Recently remodeled! High foot traffic! Can be purchased with or without new equipment. 2,300 sf w/6 ops **\$349k**

**JG-137 FRESNO:** Own the Building too! 3,500 sf w/ 5 ops **Now Only \$395k/ Real Estate \$350k**

**JG-188 FRESNO:** Loved, respected, Established! Net Profit over \$350k! 1,452 sf w/4 ops **\$390k**

**JN-157 FRESNO:** Comprehensive care and comfort . 1,470 sf w/3 ops **\$200k**

**JC-178 SAN JOAQUIN VALLEY:** Historical Building in thriving area! 2,206 sf w/6 ops **\$495k**

## SPECIALTY PRACTICES

**AC-119 MILL VALLEY Prosthodontics:** State-of-the-art equipment including: digital charting and x-ray. 1,100 sf w/ 3 ops. Plumbed for 4<sup>th</sup> **\$450k**

**EG-131 ROSEVILLE/AUBURN Orthodontics:** 2 practices within ½ hour of each other! **\$175k**

**I-7861 CENTRAL VALLEY Orthodontics:** 2,000 sf, open bay w/ 8 chairs. Fee-for-Service. **\$370k**

**I-9461 CENTRAL VALLEY Orthodontics:** 1,650 sf w/5 chairs/bays & plumbed for 2 add'l **\$180k**

**IC-163 CENTRAL VALLEY Periodontics:** Well-respected FFS. 2,300 sf w/5 ops **\$175k (Bldg: \$250k)**



## ASK THE BROKER



I have enjoyed your articles from "Ask the Broker". Where can I find all the topics you have covered?

Thank you for the compliment. I have been writing that article for almost five years now!!! Even I did not realize how long I had been trying to address the various issues that come up during a transition!!! All of the articles published by any of our brokers can be found on our web page at **www.westernpracticesales.com**. Recently I compiled all of the "Ask the Broker" articles into a nice "mini book" that I gave out at the CDA convention in San Francisco. Most of the topics are actual questions posed by either buyers or sellers in the midst of a transition or acquisition of a dental practice. We have tried to categorize the topics without regard to the chronology of the articles. Generally the questions or topics are timeless concerns except for minor specifics such as current interest rates or local economic factors as the supply and demand for dental practices.

One topic of interest that is changing rapidly is how we as a profession should deal with the existing PPO plans and our affiliation with such plans. I especially encourage your reading of my essay on the "Patient's freedom of choice" proposal in this area. The way some insurance companies are dealing with new buyers of existing dental practices is affecting the value of future dental practices.

Unfortunately each article has space limitations of about 400 words. Many of these topics require more attention and explanation. I certainly encourage everyone to contact our office for further opinions on any of these topics. We at Western Practice Sales are proud to boast that every one of our brokers have some type of post graduate degree, (CPA, JD, MBA or DDS) and our company has been in business for 30 years. We also have a network of attorneys, accountants or consultants that we work with to help us stay informed on the many aspects of dental transitions. If you would like a copy of the "mini book", please email us or call us and we will be happy to provide you one!!!

Timothy G. Giroux, DDS is currently the Owner & Broker at **Western Practice Sales** and a member of the nationally recognized dental organization, ADS Transitions. You may contact **Dr Giroux at: wps@succeed.net or 800.641.4179**

## CLASSIFIEDS, CONTINUED FROM 707

universal precautions and all OSHA requirements. Knowledge of Eaglesoft software a plus. Duties: Take digital X-rays when needed; assist doctor during diagnosis and treatment; perform postoperative patient care; perform instrument sterilization and infection control in the office; clean and stock operatories; control inventory of clinical supplies. Requirement: High school graduate, dental experience preferred; X-ray certified; exceptional human relation skills; ability to work with people of all ages; ability to maintain outgoing, friendly attitude with patients and staff; ability to speak, understand and write grammatically correct English; ability to accept and follow instructions from supervisor. For more information, call 805.494.3377.

**DENTAL ASSISTANT** — We are a general dentistry office in Pleasanton looking for a Dental Assistant (DA) with current X-ray license. The right person has good communication skills, excellent chair-side manners, drive to learn and is energetic. You will be expected to take digital X-rays, sterilize instruments, prepare treatment rooms and assist in all procedures. You will also be expected to answer phone calls as needed. Applicants should be available to work flexible hours and be available to work on Saturdays. References must be available upon request. New graduates are welcome to apply. Please email your resume to [stevenroy12345@gmail.com](mailto:stevenroy12345@gmail.com).

**DENTIST** — BC/BE Oral Surgeon sought by UC Davis-affiliated public hospital system in Contra Costa County. Located 30 miles east of San Francisco, with excellent weather and close to outstanding cultural, recreational and natural attractions. One hour to the Napa

## Considering selling your practice?

We are here to help you sell so you can play more!



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### FEATURED LISTINGS

**New! MISSION VALLEY, CA** Seven op prosthodontic practice  
**MISSION VALLEY EAST AREA, CA** Five op general practice  
**RENO, NV** Four op (3 equipped) general practice

### UPCOMING LISTING

**LOS ANGELES, CA** Busy general practice. Building will also be for sale.

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TRANSITION  
PARTNERS**  
*realizing the possibilities*



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CA Representative



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Valley wine country or beach. 2.5 hours to skiing. Martinez sits on the San Francisco Bay, at the gateway to the Sacramento River Delta, known for its superb boating and fishing. New hospital and surgical facilities serve needs of ethnically and culturally diverse population who have a fascinating variety of clinical problems. Excellent compensation package includes health care, vacation and sick leave, disability insurance, paid CME, defined benefit pension and more. Malpractice insurance provided. Position available immediately. California license required. Contact Nick Cavallaro, DDS, at 510.918.2159 or at [nickcav@comcast.net](mailto:nickcav@comcast.net).

**DENTIST —** Looking for a General Dentist: We are a state-of-the-art general dental practice, looking for excellent GP clinicians with minimum requirements as follow: 1. U.S. dental school graduate. 2. Three years of real-life dentistry or two years of real-life plus AEGD or GPR certificate 3. Have worked with HMO/ PPO/ insurance 4. Available 2-3 days/ week (M, Th, F or Sat). One to two Saturdays per month 5. OK with root canal therapy 6. Speaking some Spanish is a plus. Looking for Perio, Endo or Prosthodontist. We are looking for a 1 or 2 days per month specialist who can come to our office and provide specialty service. 50/50 compensation. If you wish to use our space and get referral from other local dentists, you can establish a permanent office at our office. Discussion with open-minded owner. Please send email to [lochuynh@yahoo.com](mailto:lochuynh@yahoo.com).

**ORTHODONTIST —** Orthodontist needed for busy office. Great patients, friendly team, wonderful pay. One day a week in the Modesto area. Please send email to [happybraces@gmail.com](mailto:happybraces@gmail.com).

**DENTIST —** Established practice in Chico, Calif., is looking for that special Dentist to grow and care for our patients. Very supporting staff and dentist to work with. Must have good rapport with patients, treatment plan well and be willing to learn. We have our own Endodontist and Periodontist. Please email resume to [gilbertlim@msn.com](mailto:gilbertlim@msn.com). Can also call or text 916.838.1090.

**DENTIST —** We are a state-of-the-art general practice, looking for a good General Dentist with the following requirements: Understand and be able to work with PPO. No HMO. Good communication skills. Able to handle most situations by yourself

with help from another dentist. Team work. Send email to [vunvhuy@yahoo.com](mailto:vunvhuy@yahoo.com).

**DENTIST —** Associate Dentist opportunity available in a growing, established practice with a comfortable, modern design. State-of-the-art equipment, digital panoramic, CAD/CAM, laser and much more. Doctor must be ethical, have a positive, outgoing chairside demeanor and be a participating team player with our fantastic supportive staff. Ability to perform full dental services including extractions, molar endo and takes an interest in cosmetic dentistry. This

CONTINUES ON 712






## First in Proactive Dental Care

  
**Willamette**  
Dental Group

Willamette Dental Group has been providing high quality dentistry for more than 40 years. We are the **largest multi-specialty group dental practice** in the Pacific Northwest with more than 50 dental offices throughout Washington, Oregon and Idaho. Serving more than 350,000 patients, our unique model delivers proactive, preventive dental care focused on **promoting long term health** through a partnership with our patients.

**Featured opportunity this month: General Dentist - Tillamook, OR and Twin Falls, ID. To view current General Dentist and Specialist practice opportunities, visit [www.WillametteDental.com/careers](http://www.WillametteDental.com/careers)**

Please visit our exhibitor booth at the **American Student Dental Association District 11 Vendor Fair** in Irvine, CA, **October 12**, and the **American Dental Association Annual Session** in New Orleans, LA, **October 31-November 3**, to learn more about group practice opportunities and to enter our free raffle!

Connect with us on:     

Tiffany Brown  
[tbrown@willamettedental.com](mailto:tbrown@willamettedental.com) or Direct: 503-952-2171



## CLASSIFIEDS, CONTINUED FROM 711

is a wonderful opportunity for the right candidate. Benefits include assistant, medical, 401k, vacation and a stable patient base. Contact Dr. Denise Riemer at [denise\\_riemer@yahoo.com](mailto:denise_riemer@yahoo.com) to learn more. Can also email Practice Administrator Tiffany at [tiffany@lemooredentalcare.com](mailto:tiffany@lemooredentalcare.com).

**ENDODONTIST** — A general practice in Pleasanton is in need of an Endodontist on part-time basis. Please send your resume to [stevenroy12345@gmail.com](mailto:stevenroy12345@gmail.com).

**ORAL SURGEON** — A general practice in Pleasanton is in need of an Oral Surgeon on part-time basis. Flexible schedule available. Please send your resume to [stevenroy12345@gmail.com](mailto:stevenroy12345@gmail.com).

**ORTHODONTIST** — A general practice in Pleasanton is in need of an Orthodontist on part-time basis. Flexible schedule available. Please send your resume to [stevenroy12345@gmail.com](mailto:stevenroy12345@gmail.com).

**DENTIST** — Great opportunity for a Pediatric Dentist to join our multispecialty group. Since 1979, we have proudly served the community of Manteca, Calif., often referred to as the "family city." We are looking for someone compatible who is enthusiastic, caring, skilled and who loves what he/she does. Currently, we are seeking someone on a part-time basis; however, this could lead to a full-time position or partnership in the near future. Outstanding earning potential. For more info please call 209.823.9341, please email your CV to [admin@valleyoakdentalgroup.com](mailto:admin@valleyoakdentalgroup.com).

**DENTIST** — Located 30 miles east of San Francisco, with excellent weather and close to outstanding cultural, recreational and natural attractions. One hour to the Napa Valley wine country or beach. 2.5

hours to skiing. Martinez sits on the San Francisco Bay at the gateway to the Sacramento River Delta, known for superb boating and fishing. The new hospital and surgical facilities serve the needs of an ethnically and culturally diverse population who have a fascinating variety of clinical problems. Position available immediately. California license required. Position requires above-average oral surgery skills. Contact Domenic Cavallaro, DDS at 510.918.2159 or at [nickcav@comcast.net](mailto:nickcav@comcast.net).

**PERIODONTIST** — Dear Doctor : We are looking for a board-certified or eligible Periodontist to join our group. Must be able to commit to five or six days per month. Excellent opportunity to grow the program to six to 10 days per month. Please email your resume/CV if interested to [bayareadentist2009@gmail.com](mailto:bayareadentist2009@gmail.com).

**DENTIST** — Kids Dental Kare is in a growth phase and seeking a Dentist with experience treating children. We prefer doctors who have limited their practice to children's dentistry long enough to have skills, confidence and experience to handle working in high-volume practice. This is truly an opportunity to get in on the Affordable Care Act before California adds 2 million kids to Medicaid enrollment. We have systems, which allow you to become very productive, and for those seeking to become an entrepreneur Dentist there is a pathway to ownership. If a fast-track career is in your future, send your resume to [hr@kidsdentalkare.com](mailto:hr@kidsdentalkare.com) or call 323.240.7313.

**OFFICE MANAGER/FRONT OFFICE** — Endodontic office in Vallejo is seeking a full-time, bilingual Spanish speaking Front Desk and Office Manager with back-office experience. Candidate must

have excellent communication skills, organization and time management skills, a strong work ethic, reliability and professionalism. Candidate must have dental front office and management experience, scheduling experience, billing experience and experience with various dental insurances (PPO/HMO) and collection procedures. 2-3 years previous endodontic office and back office experience preferred. Position to start in late July or early August. Currently Mon-Thurs, with room for growth. Please submit your resume with cover letter and references by email to [bwm.dds@gmail.com](mailto:bwm.dds@gmail.com).

## EQUIPMENT FOR SALE

**EQUIPMENT FOR SALE** — Periopro available for purchase for \$250. As Is. Pick up only. Bay Area Peninsula area. Send email to [hjhong@hotmail.com](mailto:hjhong@hotmail.com) or call 650.349.2343.

**EQUIPMENT FOR SALE** — Disability requires me to discontinue clinical practice. Had just established a mobile Endodontic practice. Most supplies and equipment are one year old and gently used. Please check out my inventory at [www.BarbaraKabesDDS.com](http://www.BarbaraKabesDDS.com).

## OFFICES FOR RENT/LEASE

**OFFICE FOR LEASE** — Great opportunity in Chico, Calif., to lease a fully equipped dental office. Clean and modern, 1,900 sq. ft. building with close proximity to Enloe Hospital. Three operatories, large waiting room and reception area. Full basement for storage or staff lounge. Set up and ready to go.

CONTINUES ON 714





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Western Regional Director  
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**Kerri McCullough**  
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**Dr. Dennis Hoover**  
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CA R.E. Lic. #01233804 • NV R.E. Lic. #0053890 • NV B.O. Lic. #0003031



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**Thanh Tran**  
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CA R.E. Lic. #01863784



**Mario Molina**  
Transitions Consultant  
(323) 974-4592  
CA R.E. Lic. #01423762



**Jaci Hardison**  
Transitions Consultant  
(714) 318-4911  
CA R.E. Lic. #01927713

## DENTAL PRACTICE BROKERAGE

### Making Your Transition a Reality

- **BAKERSFIELD and SMALL FARM COMMUNITY:** Two practices 30 minutes apart from each other, staff and doctor work both locations. Strong patient base in both practices, room for growth, communities are underserved. This is a rare opportunity to own two practices. \$588k gross with \$278k combined adjusted net. #CAM557
- **BAKERSFIELD:** General Dentistry Practice: 8 ops, 7 fully equipped, 1 plumbed, in a 3,650 sq. ft. suite with digital x-rays and intra-oral camera in a growing area of Bakersfield. \$453,000 adjusted net income on \$1.2M of Collections. #CAM554
- **BISHOP:** General Dentistry Practice & Building. Collections were \$1,000,243 in 2011 with \$387,000 Adj. Net Income. 5 op., 1,800 sq. ft. building. #14390
- **CENTRAL COAST:** Pedodontic Practice. 4 operatories. Gross Receipts of over \$775,000. #CAM546
- **CENTRAL COAST:** Prosthodontic Practice. 4 operatories, full in-house lab. \$1.1M in Gross Receipts in 2011. #CAM535
- **CHICO:** General Dentistry Practice. 2012 Collections of \$1,385,222. Free-standing building with 2,464 sq. ft. Buyer can purchase or lease building. #14392
- **COASTAL ORANGE COUNTY:** General Dentistry Practice/Implant Practice. 2011 Gross Receipts were \$1.2M 1,800 sq. ft., 4 op office with implant systems in every op. #CA520
- **COASTAL ORANGE COUNTY:** Perio Practice. 5 Operatories, retiring doctor works 3 days with 4 days of hygiene. 2011 Gross Receipts were \$400,000. #CAM533
- **COASTAL ORANGE COUNTY:** General Dentistry Practice. 4 Operatories with modern, new equipment and high-end finishes. 2012 Gross Receipts of over \$690,000 #CAM529
- **DANVILLE:** FACILITY ONLY. Office has 5 fully equipped & furnished ops. Digital X-ray, Digital Panoramic X-ray, and central Nitrous Oxide/Oxygen. Seller relocating after 27 years of practice. #CA548
- **FREMONT:** General Dentistry Practice: 10 treatment rooms, Digital X-ray, Digital Pan in 3,050 sq. ft., 4,000+ active patients, PPO/HMO with 2012 GR of \$1.2 million with Adj. Net of over \$300,000. #CA553
- **FRESNO:** General Dentistry Practice: \$935K in collections in 2011, w/Adj. Net Income of \$337K. Office is 2,300 sq. ft. with 6 equipped operatories. #CA502
- **GRASS VALLEY:** General Dentistry Practice. Collections of \$491K with an Adj. Net Income of \$130K. Office is 1,555 sq. ft., 4 equip. ops, 5 available. #14379
- **GRASS VALLEY:** General Dentistry Practice. 2012 Gross receipts of \$442,736. 1,950 sq. ft. office with 6 operatories. Office condominium available to purchase. #14372
- **GREATER SACRAMENTO:** General Dentistry Practice. 2012 Gross Receipts of \$879,000 and Adj. Net Income of \$446,218. 1,400 sq. ft. office with 5 operatories. #CA525
- **GREATER SACRAMENTO:** Orthodontic Practice: Like-new, 2,300 sq. ft. office w/extensive improvements and 6 chairs. 220 active patients in Phase I, 135 waiting for Phase II, 60 patients in recall. #CA551
- **HAWAII (MAUI):** General Dentistry Practice: GR of \$572K, 4 ops in 1,198 sq. ft., 4 days hyg., Laser, Surgical Implant System, Digital X-ray & Pano. Low A/R, approx. 1,000 active patients. 33 years in practice, owner retiring. #20101
- **INDIAN WELLS:** General Dentistry/TMJ Practice. 4,000 sq. ft. suite, 6 ops. 2011 Gross Receipts over \$350,000 on just one doctor day/week. #CAM530
- **LANCASTER:** General Dentistry Practice. This 4 operator office is located in 2,360 sq. ft. Gross Receipts were \$676,000 with \$174K Adj. net income. #14376
- **MERCED:** General Dentistry Practice. 2011 gross of \$878K with Adj. Net Income of \$294K. 4 treatment rooms in 1,550 sq. ft. office. #CA512
- **MURRIETA:** General Dentistry Practice. 4 operatories in 1,300 sq. ft. 2012 Gross Receipts were over \$530,000 with \$213,000 Adj. Net Income. #CAM544
- **NEWPORT BEACH:** General Dentistry Practice. 3 operatories, newer, high-end equipment. 2012 Gross Receipts of \$350,000 on 3 1/2 days per week. #CAM534
- **NORTH OF SACRAMENTO:** General Dentistry Practice. 2012 Gross Receipt of \$521K with low overhead of only 52%. 1,650 sq. ft. with 4 operatories. #CA528
- **N. SAN DIEGO COUNTY:** General Dentistry Practice: Lg legacy practice with 12 equipped ops. in a free-standing building in a desirable area of N. San Diego County. 35 years of goodwill with established CAP and PPO contracts. \$1.2M in collections with \$405k adjusted net. #CAM555
- **ORANGE:** General Dentistry Practice. 5 operatories. 2012 Gross Receipts of over \$830,000. #CAM543
- **ORANGE COUNTY:** Periodontal Practice. 6 operatories available, 5 fully equipped. 2012 Gross Receipts of over \$450,000 on a 4 day week. #CAM536
- **PALM SPRINGS:** General Dentistry Practice. 4 operatories. PPO/Fee For Service, no HMO with 2012 Gross Receipts of \$348,000 #CAM538
- **RIDGECREST:** General Dentistry Practice and Dental Building. 4 operatories in 1,536 sq. ft. office building. This small practice grossed about \$175K in 2012. #CA523
- **SACRAMENTO:** General Dentistry Practice. Owner retiring. 2012 Gross Receipts of \$642,507 with low 54.2% overhead. 8 available ops with 7 equipped in 2,400 sq. ft. office/building. #CA549
- **SALINAS:** General Dentistry Practice: Office with 4 ops. in approx. 1,275 sq. ft. GR in 2012 were \$226,000 on a reduced schedule. Refers out all Endo, Perio, OS, and Ortho, provides great upside potential. Owner is retiring after 34 years in this location. #CA552
- **SAN GABRIEL VALLEY:** General Dentistry Practice. 4 operatories. 2011 Gross Receipts of over \$590,000 on a 3 1/2 day week. #CAM541
- **SAN JUAN CAPISTRANO:** General Dentistry Practice. 4 fully-equipped operatories. Gross Receipts of \$650,000 in 2012. #CAM539
- **SAN RAMON:** FACILITY ONLY. Great location, equipment, leaseholds & furnishings only. 1,400 sq. ft. with 4 equipped treatment rooms (2 additional plumbed) #CA511
- **S. ORANGE COUNTY:** General Dentistry Practice with 5 ops, 4 fully equipped. EagleSoft, laser, digital x-rays, and an intra-oral camera. Most specialty work is referred out. 2012 Adjusted net of \$324k on \$793k Collections. #CAM556
- **SOQUEL:** General Dentistry Practice: Professional building with 3 ops. in approx. 1,100 sq. ft. GR of \$338,000 on 2 days per week. Average 10 new patients per month. Schick Digital X-ray and Dentrrix. #CA550
- **TURLOCK:** General Dentistry Practice. Doctor's gross receipts in 2012 were over \$950,000 with \$443,777 Adj. Net Income. #CA506
- **WALNUT CREEK:** Prosthodontic Practice. Three fully-equipped operatories and lab. 2012 Gross Receipts of \$530,000. #CAM540
- **WESTWOOD:** Amalgam-free General Dentistry Practice. Five operatories, near UCLA. \$672,000 in Gross Receipts in 2012. #CAM542
- **YORBA LINDA:** General Dentistry Practice. Five well-appointed operatories in a central location in this family community. #CAM531

## Practice Sales ~ Mergers ~ Partnerships ~ Appraisals ~ Patient Record Sales



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## CLASSIFIEDS, CONTINUED FROM 712

This is a must see! Available for lease on or about December 1, 2013. Please call 530.342.0716 for more information.

**OFFICES FOR RENT/LEASE** — Turnkey dental office in Modesto available for lease September 2013. Includes 8 operatories, 2 bathrooms, 2 doctor offices, and one break room with kitchen facilities. Modern building in great location within a couple of miles of two hospitals. Cabinets and sinks in operatories in good shape. Two chart cabinets remaining and in good shape.

Dry vacuum in basement plumbed into all operatories. Compressor to be supplied by new tenant. 4 operatories are wired for X-ray. An additional 10' x 10' space is wired for Pano. Two operatories are plumbed for N2o. Suite includes large improved basement for storage; no rent is charged for this space. Cat 5 cabling to all operatories. Parking immediately adjacent to suite meets medical/dental office requirements. Includes one covered parking space for tenant. Tenant name to be placed on 2 illuminated monument signs on corners

of lot, and 2 nonilluminated signs in parking lot. HVAC unit is 2 years old. Location has housed a number of thriving dental practices for more than 30 years. Please call 209.526.3000 or send email to gtesluk@sbcglobal.net.

**OFFICES FOR RENT/LEASE** — Long-established Bakersfield pediatric dental office. Directly across from local community college. Four plumbed operatories. Newly remodeled. Quiet space. 1,000 sq. ft. office. Tremendous amount of under serviced young families in the area. \$1,250 a month. Please call 661.871.0780.

**OFFICES FOR RENT/LEASE** — Excellent opportunity for a specialist in Chino, Calif., with numerous referring dentists nearby — 3 GPs and an Oral Surgeon in a long-standing dental professional complex. 1,450 sq. ft., 3 ops. Features include consultation room, private office and staff room. Great location and access. Call 909.628.4287 or email lovemydentist@gmail.com.

## DENTAL OFFICES FOR SALE

**OFFICE FOR SALE** — A dental office on University Ave. in Berkeley, Calif., is for sale. Office consists of 4 chairs, a lab and patients. Price is negotiable. For more information, please call Dr. Hala at 209.676.1362.

## DENTAL PRACTICES FOR SALE

**PRACTICE FOR SALE** — General Practice dental office with 30-plus year history of goodwill in the Davis, Calif., area looking to find a wonderful, kind

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Contact her at 866-898-1867 or [info@paragon.us.com](mailto:info@paragon.us.com)

CONTINUES ON 716



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## **4009 WOODLAND GP**

Woodland GP and building available w/4 fully-equipped ops in approx. 1,500 sq. ft. office in gorgeous garden setting. Well est. prevention oriented family practice w/ seasoned & loyal staff. 2012 GR \$232K+ w/just 3 doctor days. Only those interested in both the building and practice need respond. Practice asking price \$138K, building asking price \$315K.

## **4004 LOS GATOS GP**

Seller retiring from a high quality cosmetic general practice in upscale neighborhood w/well-educated and loyal patient base & long term dedicated staff. Currently working equivalent of 2+ doctor-days with hygienist working 3 days per week. Seeks to transition practice to an experienced buyer with a passion for dentistry. Modern 1,200 sq. ft. office w/4 fully-equipped ops., digital x-ray & 7 fully networked computers running Dentrix. 5 year avg. GR \$408K. 2013 GR on target for \$360K.

## **3092 SF FACILITY**

1,600 sq. ft. street-level dental facility in Marina/Cow Hollow neighborhood across from Presidio with excellent visibility and signage for foot traffic plus easy diagonal parking in front of building. Move in ready with 4 ops., 2 labs, kitchenette, reception and 2 desk areas plus 2 pvt. offices, 2 bathrooms, 1/2 basement & backyard with deck.

## **3096 NORTH BAY PERIO**

Step into quality practice with established referral base. 2,200 sq. ft. office w/6 fully-equipped ops. Modern facility kept updated with recently purchased chairs, lights, Pano & lasers. Seller will grant a fair market lease and would consider selling the office space. 5 year avg. GR \$1.2M+

## **3099 LOS GATOS GP**

Well-est. general, restorative & cosmetic practice available in very desirable neighborhood. Gorgeous 1,530 sq. ft. office in single story dental complex w/4 ops. Asking \$580K.

## **3098 SALINAS GP**

Well-known GP specializing in restorative dentistry retiring from 28 year practice located in highly visible downtown office. 4 fully-equipped ops., Panorex, digital x-ray & recent equipment upgrades. 2 year avg. GR \$331K+ w/approx. 152 doctor days/yr. Asking \$210K.

## **3095 SAN CARLOS**

Seller well-known for quality patient care retiring from established practice with loyal patient base, in highly desirable neighborhood. Asking \$515K.

## **3085 MODESTO GP**

State-of-the-art practice in approx. 2,800 sq. ft. facility w/7 fully-equipped ops. This practice is for an established dentist or 2 dentists w/experience & who will appreciate a high quality practice. Asking \$745K.

## **4002 SANTA CRUZ AREA GP & BLDG**

Well-est. practice in modern 1,250 sq. ft. office w/4 ops. 5 year avg. GR \$630K+ w/ just 4 doctor days. Selling building & practice together. Practice asking price \$430K, building to be determined.

## **4001 NORTHERN SONOMA COUNTY GP**

Approx. 1,059 sq. ft. facility w/3 fully-equipped ops and dedicated parking in downtown area. Practice & building for sale. Great opportunity. Practice Asking \$311K, building to be determined.

## **3094 NORTH BAY PERIO**

North Bay Perio now available. Seller retiring from well-est. practice with seasoned staff and active referral base. 1,300 sq. ft. very nice office with 4 fully-equipped operatories. 2012 GR \$450K+ with just 3 1/2 doctor days and 5 days of hygiene per week. Great upside potential since owner does few implants. Asking \$271K.



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## CLASSIFIEDS, CONTINUED FROM 714

practitioner to purchase practice. Offering many transition options. The office is conveniently located in a highly visible, easily accessible professional building. The office occupies approximately 2,000 sq. ft. and consists of 6 fully equipped ops, a private office, a reception area, a sterilization area, a staff lounge (which can be converted to a 7th op), a lab and 2 restrooms. The practice functions with state-of-the-art technology. It has a 3 year-old Planmeca Pano/3D/Ceph, a Cerec 3 with milling unit and a Biolase laser. The office is fully computerized with 14 workstations and operates Dentrax practice management software and Dexis digital X-rays. This FFS practices grosses approximately \$1.5 million per year and generates approximately 30 new patients per month. The doctor will work back in the practice or mentor (if desired) to help the new doctor with a successful transition. This is only at the request of the purchasing dentist. The practice is located in a great community in which to live and practice dentistry. Please send your CV to Davisgpdds@gmail.com.

**PRACTICE FOR SALE —** General practice dentist in Visalia looking to find a wonderful, kind practitioner to purchase practice. The office is conveniently located in a highly visible, easily accessible professional building. The office occupies approximately 1,200 sq. ft. and consists of 4 fully equipped ops, a private office, a reception area, a sterilization area, a lab and 2 restrooms. The office is fully computerized and digital and operates with the Dentrax practice management software. This

primarily FFS practice grosses approximately \$650k and generates approximately nine new patients per month. The practice is located in a great community in which to live and practice dentistry. Please send your CV to centralvalleydds@gmail.com.

**PRACTICE FOR SALE —** Beautiful North Orange county office for sale. 26 years at this location, cash and PPO practice, doctor retiring, grossed more than \$610,000 last year. On track to gross \$700,000 this year. Working only 3 days a week. 5 ops, digital X-ray and computer in every op. Asking \$560,000. Email pc3436@gmail.com for information.

**PRACTICE FOR SALE —** GP-private dental practice for sale within a group practice environment in Roseville, Calif. Large office with 15 equipped operatories but not a clinic-like feel. Personal patient attention. Not a managed office. Friendly and knowledgeable staff with low turnover rate. Practice is computerized with digital X-ray system and intraoral digital integrated cameras. Buy 100 percent of solo dental practice and 25 percent of shared group practice. Must associate with group for a minimum of 12 months before buy-in. Practice serving loyal and stable patient base for nearly 40 years. Current office building is only 10 years old. Gross production for 2012 is \$937K. Office is located in Placer County, still one of the best communities in which to practice dentistry and raise a family. Please call Stuart Wakeman, DDS, at 916.797.4040 or email to stuartwakeman@surewest.net.

**PRACTICE FOR SALE —** Beautifully decorated, almost-new dental office located in the heart of Pleasanton, Calif. The 1,600 sq. ft. office is fully equipped with five operatories. Equipment includes digital X-ray accessible from every chair and a panoramic X-ray machine. Must sell quickly. Please call cell: 925.918.0920, office: 510.481.8566 or send email to tunhla@sbcglobal.net.

## OPPORTUNITIES WANTED

**GENERAL DENTIST SEEKING TO PURCHASE PRACTICE —** General Dentist seeking to purchase a practice located in southern Marin, San Francisco, northern San Mateo or western Alameda. I am looking for a high-quality, PPO/fee for service modern family dental practice. I would prefer the practice to have the following amenities: paperless office, 3-4 fully equipped operatories with computers in each, Dentrax or Eaglesoft software, digital radiographs, digital panoramic unit, intraoral camera. If you are looking to sell your practice, this is a great time, and I would look forward to speaking with you confidentially. Please email me if you are interested at californiadmd@gmail.com.

**GENERAL DENTIST SEEKING ASSOCIATE POSITION —** I am a California licensed dentist seeking an associate position in the Bay Area. I graduated from University of the Pacific in San Francisco and completed an AEGD residency. My experience includes all aspects of general dentistry including

CONTINUES ON 718





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**RARE OPPORTUNITY - SAN FRANCISCO'S EAST BAY**

**2012 collected \$1.9 Million. Available Profits topped \$1 Million. Collections thru 6/30/13 were \$1.2 Million.**

Performance realized by One Dentist. After you get past "Wow!" factor, there is nothing special. As well as this practice is performing, it is not close to realizing its potential. With right Successor who tweaks the practice where it needs to be tweaked, then this shall be something special. Paperless and digital. Ambitious SoCal Dentist who is not averse to commuting should consider this opportunity. Phenomenal opportunity for Periodontist.

Great two Dentist purchase. Make this a "One Stop" Shop. Little competition with phenomenal upside.

**Full price \$1.2 Million. Contact Ray Irving at 415-899-8580 or Ray@PPSsellsDDS.com.**

- 6051 FRESNO'S FIG GARDEN VILLAGE AREA** Not a Delta Premiere Practice. Collections through 6/30/13 totaled \$225,000 with \$85,000 in profits. 3.5-days of Hygiene.
- 6050 MERCED** 2013 trending \$360,000. Very profitable. Refers Endo, OS & Perio. Not a Delta Premiere Practice. Great foundation to build upon. Full Price \$150,000.
- 6048 SALINAS** Great opportunity for ambitious. Ideal for two Dentists. 9.5 days of Hygiene per week. 6-Ops. 2012 collected \$1.1 Million.
- 6047 STOCKTON** Best location outside Brookside Community on West March Lane. Annualized revenues of \$500,000. 2013 trending \$535,000. Attractive 3-Op Office.
- 6046 PINOLE** Collected \$500,000 in 2012. 4-days of Hygiene produced \$178,600. Beautiful office. Refers Endo, OS. Lots of Goodwill here.
- 6045 MANTECA / MODESTO AREA - RIPPON** Great location. 3 Ops, 2 more wired & plumbed. \$180,000 invested here. Practice did more when Owner worked harder. 2012 collected \$327,000 on 3-day week with 5-weeks off.
- 6044 MODESTO** Best location. New development occurring nearby. Collects \$380,000. Digital with computers in Ops. Very attractive office.
- 6043 EL SOBRANTE** 3-day practice collected \$170,000 in 2012. 3-Ops. Building optional purchase.
- 6041 PLEASANT HILL** Collected \$365,000 with Profits of \$142,000 in 2012. Owner slowing down. Previous 3-years averaged collections of \$415,000 and Profits of \$180,000.
- 6040 SANTA ROSA** Beautiful 4-Op office. Paperless and digital. Collected \$480,000 in 2012. Should have done more! Prior year did \$625,000. Package includes Condo.
- 6039 CALIFORNIA'S SOUTH LAKE TAHOE** Long established. 2012 collected \$515,000 with 2 months off. Realized Profits of \$230,000+. Attractive 3-Op office.
- 6038 FREMONT** On part-time schedule due to other responsibilities, collects \$300,000 per year. 2-days of Hygiene. Digital radiography.
- 6008 MENDOCINO COAST'S FORT BRAGG** Cultural haven offers attractive lifestyle. 2012 collected \$750,000. 4-days of Hygiene. Digital radiography. Computers in Ops. Full Price \$235,000.

- TEMECULA - MURIETTA VALLEY** Hi identity, Classic GP! Gorgeous 6 Op office. Grosses approx \$800K. Right Buyer can gross to \$2 Million in 5-years. Valuable Dental/Professional Building also available.
- ALISO VIEJO** Best Shopping Ctr location. Grosses almost \$1 Million. 5-Ops. "State-of-the-art". PT Owner. Wants "hands-on" Owner. Work here, live at beach! Over 70 New Patients per month. Full Price \$945,000.
- CUCAMONGA** 50 NPs/mth. Located off freeway exit. 5-Ops. Beautiful. Grossed \$850K in 2012. Should do \$1.2 Million 2013. FP \$850,000.
- RIVERSIDE** Hi Identity building 4 Sale. Elegant 5-ops. CT digital Pan & x-rays. PT Conservative Female Owner Grossed \$550,000. One PPO. Full-time Successor shall do better.
- RIVERSIDE** Grosses \$1.3 Million. \$6-to-\$7K/mth from HMO. Does ortho. 10-Ops in 3,000 sq.ft. with low rent. Hi identity Shopping Center near Wal-Mart. Full Price \$1 Million.
- IRVINE** Grossed \$1.2 Million in 2012. 2013 should do \$1.3+ Million. 5-Ops. Absentee Owner. Unique transition assistance can be made available. 50 New Patients per month. Full Price \$1 Million.
- SAN FERNANDO VALLEY** Best location. Grosses \$1.2 Million. Lots of work referred. This is \$2 Million location. 8-Ops. 30 Hygiene patients per day. Full Price \$1.2 Million.
- SAN FERNANDO VALLEY – BEST HISPANIC LOCATION** 7 state-of-art Ops, room to expand. 70 New Patients per month. Building part of sale. Another \$2 Million location.
- TORRANCE – GARDENA** Very conservative Chinese DDS. Lots of work referred. Young Chinese/AM Successor will do \$600K. FP \$185,000.
- LANCASTER** Established location. Equipped. Seller needed more room. Many walk-ins each day. Seller did \$900,000 here. FP \$125,000.
- BALDWIN PARK** 80% Hispanic. High identity building. 3-Ops. Grosses \$250,000. Full Price \$150,000.
- BAKERSFIELD** Grosses \$750,000. Established 50-years. 5-Ops. Successor should do \$1 Million. Full Price \$500,000.
- SMALL TOWN NEAR BAKERSFIELD** Practice & RE. Gross \$400,000 with Full Time DDS. Practice & Building \$350,000.
- ORANGE** Female DDS doing \$30-to-\$40K/month part-time. Seller will work-back for smooth transfer. Full Price \$295,000.
- FONTANA** 100,000 autos daily. PT Owner grosses \$250,000. FT Successor should Gross \$500K+. Remodeled 3-yrs ago. Firm Price \$275,000.
- REDLANDS** Low overhead, 5-Ops, digital. Gross \$30,000+/mth. FP \$350,000.
- NEVADA** Small resort city near Las Vegas. 5 "state-of-the-art" Ops. Grosses \$600,000 3-days. Will do more by adding additional days. Full Price \$600,000.
- DENTURE CENTER** 30+ denture patients/day. Grosses \$1.3 Million. Patients ask "Will you do Implants?" Answer is always "We just do just dentures." Specialist will take to \$2 Million. Full Price \$1 Million.

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**BAKERSFIELD #21** – (10) op comput. G.P. & Bldg. on main St. (3) ops fully eq't'd, (3) ops part eq't'd, and (4) add. plumbed. Annual Gross Collect ~ \$500K. Cash/Ins/PPO. **SOLD**

**BAKERSFIELD #25** – 4 op comput. G.P. & free stand. duplex bldg. for sale. Located on a main thoroughfare. Cash/Ins/PPO pts. (3) days/wk of hygiene. Gross Collections \$400K/yr.

**BAKERSFIELD #26** – 3,500 sq ft free stand. duplex bldg. w a (5) op fully equipped turnkey dental office. Located on a main thoroughfare w monument signage. Move in condition.

**BAKERSFIELD #27** – (4) op comput G.P. starter pract. 2 ops of new eqt. (2) add. plmbd ops. Opened June 2012. (12) mos Gross Collect \$75K p.t. & growing. Mixed pts. Seller moving. **NEW**

**BEVERLY HILLS** – Great startup or second office. (2) op Turnkey Office. Leaseholds & eq't'd. No charts. Located in a smaller two story prof. bldg. on a main thoroughfare. Low rent. **NEW**

**CENTRAL VALLEY/So. FRESNO COUNTY** – (3) op comput. G.P. in smaller town w ltd. competition. Newer eqt. Networked & digital. Dentrux & Dexis. Gross Collect \$40K+/mos.

**CORONA** – Dental Spa & Free Stand. Bldg. for sale. (5) op comput. G.P. w (2) spa rooms; one for facials & one for massage. Drop dead gorgeous facility w all the special touches. New eqt. Digital x-rays. Pano eq't'd. Production of \$1.0M+ on a (4) day week. **NEW**

**EAST VENTURA COUNTY** – (3) op compt. G.P. Fee for Service. Located in a smaller prof. bldg. w some exposure & visibility. Pano eq't'd. 2013 Proj. Gross Collect \$500K. **NEW**

**OXNARD #7** – (5) op turnkey G.P. No pts. In a free stand bldg. on a main thoroughfare.

**SAN JOAQUIN VALLEY** – G.P. & Bldg. in small town w ltd. competition. (4) op comput. office. Cash/Ins/PPO. Annual Gross Collect \$500K+. Low overhead. Seller retiring. **REDUCED**

**SANTA CLARITA VALLEY** – Cash/Ins/PPO bread and butter practice. (4) ops eq't'd. Located in a medical/dental/professional bldg. complex. 40+ yrs of Goodwill. Seller retiring. **NEW**

**TOLUCA LAKE** – Starter Pract. (4) op comput. G.P. (2) ops eq't'd w new eqt./ (2) plmbd. Digital x-rays. In free stand. bldg. Main thoroughfare. Collect ~ \$10k/mos on (1) day/wk **PENDING**

**WEST SAN FERNANDO VALLEY PEDO/ORTHO OFFICE** – Comput. Pedo/Ortho office. (3) op open bay & (1) op quiet room. Pano eq't'd. Digital X-rays. Cash/Ins/PPO small % Denti-Cal. 30+ years of Goodwill. Annual Gross Collect \$600K+. Seller retiring but will assist with transition and/or stay to do Ortho.

**WOODLAND HILLS #4** – Beautiful state of the art (9) op comput G.P. in a Shop Ctr. on a main thoroughfare. Excellent exposure/visibility/signage! (6) ops eq't'd w newer eqt. (3) add. plumbed. 2013 Projected Gross Collect \$370K on a 3-3.5 day wk. Cash/Ins/PPO/HMO pts. **PENDING**

**UPCOMING PRACTICES:** Agoura, Alhambra, Beverly Hills, Camarillo, Covina, Glendora, Montebello, Monrovia, Pasadena, SFV, Torrance, Ventura, West Covina, & Westchester.

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#### CLASSIFIEDS, CONTINUED FROM 716

endodontics, fixed and removable prosthodontics, pediatrics, cosmetic dentistry and oral surgery. I have immediate availability, can work weekends, and am proficient in Spanish. I would be delighted to send my resume, cover letter and references to you upon request. I sincerely thank you for your time and interest. Vinni Singh, DDS 650.450.9887 vinnikaur1@gmail.com.

#### GENERAL DENTIST SEEKING TO PURCHASE A PRACTICE —

General Dentist seeking to purchase a practice located in southern Marin, San Francisco, northern San Mateo or western Alameda. I am looking for a high-quality, PPO/fee for service modern family dental practice. I would prefer the practice to have the following amenities: paperless office, 3-4 fully equipped operatories with computers in each, Dentrux or Eaglesoft software, digital radiographs, digital panoramic unit, intraoral camera. If you are looking to sell your practice, this is a great time, and I would look forward to speaking with you confidentially. Please email me if you are interested at californiadmd@gmail.com.

**ORTHODONTIST AVAILABLE —** Need a vacation? Want to make some money and vacation, too? Experienced Northern California Orthodontist will allow you to leave your practice in competent, experienced, skilled hands at a nominal cost, which continues the office income stream while you relax. Recently retired orthodontist with 30-plus years owning and running a solo practice is available to cover your office in your absence. Call 530.272.2142 to discuss.

## QUESTIONS MOST OFTEN ASKED BY SELLERS:

1. Can I get all cash for the sale of my practice?
2. If I decide to assist the Buyer with financing, how can I be guaranteed payment of the balance of the sales price?
3. Can I sell my practice and continue to work on a part time basis?
4. How can I most successfully transfer my patients to the new dentist?
5. What if I have some reservation about a prospective Buyer of my practice?
6. How can I be certain my Broker will demonstrate absolute discretion in handling the transaction in all aspects, including dealing with personnel and patients?
7. What are the tax and legal ramifications when a dental practice is sold?



## QUESTIONS MOST OFTEN ASKED BY BUYERS:

1. Can I afford to buy a dental practice?
2. Can I afford not to buy a dental practice?
3. What are ALL of the benefits of owning a practice?
4. What kinds of assets will help me qualify for financing the purchase of a practice?
5. Is it possible to purchase a practice without a personal cash investment?
6. What kinds of things should a Buyer consider when evaluating a practice?
7. What are the tax consequences for the Buyer when purchasing a practice?



**Lee Skarin & Associates** have been successfully assisting Sellers and Buyers of Dental Practices for nearly 30 years in providing the answers to these and other questions that have been of concern to Dentists.

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CONTINUED FROM 722

interpretations of Stupid. Whoa! No wonder children are confused about who and what they are. I thought I was just Me. Turns out you get to choose your name only if you're a celebrity clever enough to come up with something like Ke\$ha or 50-Cent. Hesitate and other people will rush in to choose it for you.

One day not long after I became Adult, I was Doctor, Lieutenant and IRS ... 7147 for short. A few months later a young lady I met called me Fiancé, and before I could look up the difference between that and finance, a minister referred to me as Husband and a nice lady told her friends I was Son-in-Law; right back where I started, only more lawyerly.

It's unclear to me how this happened, but a medical doctor I dimly recognized as the one who had called me Fetus, smacked me on the bottom and categorized me as Boy, has now returned, whacking me on the back with, "Congratulations, Father!" What happened to Son, Brother and Grandson?

And who is Girl?

About the time Halley's Comet reappeared, I decided to don a backpack and thumb my way across the Serengeti in search of the real me. I was advised to eschew personal hygiene, grow a beard and practice introspection on \$5 per diem until the real me revealed himself. I needed to get away, someplace where everybody knows my name. "Bum" was the consensus when I returned. Oddly enough, during an era when "identity theft" is of international concern, not once has any of my generous numbers ever been heisted.

A young woman, who only yesterday knew me as Dada, suggested I give her five bucks. "For lunch, Pop," she explained, adding, "Daddy-o, meet my father-in-law and my brother-in-law."

"Pleased to meetcha, Bob," the kid beams. *Bob?* Where'd that come from?

The following month — or maybe it was a year or two — I notice the television is bigger, but the room has shrunk. A restaurant I frequent calls me Early Bird on the way in and Senior on the way out and a hearing aid company charms me with colorful literature personally addressed to Occupant.

A couple I believe to be relatives, drops by accompanied by two small persons who have evidently been schooled to label me Grandpa. They engage in random acts of gymnastics on my bed until I cry *UNCLE!* I am now Uncle Grandpa. There is a playpen in the corner containing a two-toothed occupant who has not called me anything yet. If I can get down to his level, I think I can get him to eventually call me ... ah ...

well ... something I can remember before he can get his tongue around Great-Grandpa.

Even allowing for duplicates, the search for who I am now appears large enough to abort. From Fetus to Great-Grandpa in only 1,116 short months!

In the meanwhile, there's still that girl to whom I was Sweetie Pie back in the day. Me — real or otherwise — can live with that. ■■■■

### We're taking your requests

*If you have a favorite Dr. Bob column you want to see again, email Publications Specialist Andrea LaMattina at [Andrea.LaMattina@cda.org](mailto:Andrea.LaMattina@cda.org). We will oblige by reprinting those requested favorites interspersed with any new Dr. Bob submissions.*

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## Who Am I?

Troubling as this is, the real you remains in a state of flux throughout your entire life.

➔ Robert E.  
Horseman,  
DDS

ILLUSTRATION  
BY VAL B. MINA

Did you ever wonder who you are? Neither did I, but I understand there are many young persons who embark on lengthy journeys trying to discover the identity of the “real” them. Listen carefully and you may hear a recurring theme from the old *Cheers* sitcom as the searchers thread their way through the Sturm und Drang of today’s world:

*Making your way in the world today takes everything you’ve got,*

*Taking a break from all your worries sure would help a lot.*

*Wouldn’t you like to get away?*

*Sometimes you want to go where everybody knows your name ...*

On the other end of the age spectrum are some elderly persons who used to know who you are, but are now experiencing a bit of bother remembering

either of you by name. Troubling as this is, the real you remains in a state of flux throughout your entire life.

My mother’s obstetrician recognized me immediately as “Fetus.” Before long, I was the Baby. In the course of just 3 hours and 20 minutes and nine months later, the Baby merited an upgrade to the maternity ward and an instant promotion to Son, Brother, Grandson, Great-grandson, Nephew and Cousin. Birth registrations insisted I was Male. That’s nine identities prior to soiling my first diaper!

Before I could sort out a few uncles and aunts-in-law, I became Friend. Friend to classmates who fancied my lunch to theirs. In the next few years, I was Kid Next Door, Kid Who Cried When He Fell off the Monkey Bars and a few innovative

CONTINUES ON 721



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